Kitchen Capers
An Artist is Born

When your baby is sitting up at a table or high chair, put a bit of yogurt, oatmeal, ketchup, a squirt of whipped cream, a glob of Jell-O, or a thin layer of flour and let him “finger-paint” with the goop. Let him feel the texture, and spread it about. A little messy, but you can't beat the fun.

(Nine to Twelve Months)