



University of Nevada  
Cooperative Extension

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# Clover CLIPS



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## Citizenship Vital Part of 4-H Youth Development

4-H youth development provides young people with many opportunities to develop life skills that will help them become capable, responsible, and compassionate adults. One of these life skills is being a responsible and informed citizen. 4-H has three areas that serve as the core of all programming for all positive youth development. These three areas, also called “mission mandates”, are science, healthy living and citizenship.

4-H defines citizenship as “the knowledge, skills, attitudes, and motivation that give youth the capacity to move beyond one’s individual self-interest and to be committed to the well-being of some larger group.” 4-H strives to develop young people who are engaged and informed citizens. Through hands-on club activities, members learn leadership, empathy, communication, and organization while expanding their role in decision-making processes. These skills lead to intentional community connections that help young people see the “big picture” and understand their role in community civic affairs.

Many people think of citizenship as having an understanding of how the government works and participating as an active member of society by voting, engaging with elected officials and working to makes one’s community better. These are important aspects of citizenship, but 4-H hopes to broaden that understanding of citizenship. 4-H positive youth development programming divides and broadens the mission mandate of citizenship into four key focus areas.

**Civic engagement:** Gives youth a community voice and an avenue for their advocacy, leads to active community involvement, and provides for deliberative and informed decision making.

**Service:** Gives youth a chance to serve and learn about their communities.

**Civic education:** Gives youth opportunities to learn about governmental principles, processes and structures. Helps young people understand their personal roles and responsibilities within government. Helps young people learn about their community’s history and cultural heritage and expand that into a global understanding.

**Personal development:** Gives youth a chance at leadership while retaining mutual respect and understanding for others; leads our young people into positive character development while developing critical thinking and problem solving skills.

4-H involvement in building young people’s understanding and involvement in civic endeavors is critical when we look at national statistics. Fewer than half of all states require high school students to complete a one semester course in government or civics studies. More than one-third of United States high school students do not have a basic understanding of democratic citizenship and government and therefore, lack the skills to competently participate as an informed citizen. This lack of civic knowledge and skill decrease the likelihood of young people’s engagement in community education.

When young people do interact with positive 4-H youth development, statistics around civic engagement brighten. The 4-H Study of Positive Youth Development, led by Richard and Jacqueline Lerner at Tufts University, found that “youth participating in 4-H programs are 2.1 times more likely than other youth to make contributions to their communities. These same 4-H youth are also 1.8 times more likely to have higher scores on measures of active and engaged citizenship.”

One way local youth can learn more about the workings of state government and the importance of civic



*Continued on page 2*

## Teen Leaders Program Call for Applications

Here is a great service project for current 4-H members and 4-H alums.

The Media-Smart Youth<sup>®</sup> Teen Leaders Program is designed for teens/young adults ages 15 to 20 who are interested in bringing the *Media-Smart Youth: Eat, Think, and Be Active!*<sup>®</sup> program to their community.

MSY is a 10-lesson curriculum for youth ages 11 to 13 that explores media, nutrition, and physical activity.

Throughout the program, youth analyze advertisements and make media messages of their own, try healthy snack recipes, and discover fun ways to be physically active.

The Teen Leaders Program was developed based on recommendations from National 4-H Conference delegates at a briefing that they did this past spring for National Institutes of Health (NIH) staff. NIH is now accepting applications.

This is an opportunity to make a difference in the lives of youth while gaining hands-on leadership experience running a health education program, earning community service hours and getting recognition from the National Institutes of Health.

The program is scheduled for spring or summer 2015. Lessons may be held at a local school or camp, as part of an after-school program, or in partnership with other youth-serving organizations.

MSY teen leaders commit to carrying out the program from start to finish. In return, they receive leadership experience, community service hours, and recognition from the NIH, plus training and \$1,000 for program expenses.

Applications are due October 24, 2014. Visit the website at [www.nichd.nih.gov/msy/teenleaders](http://www.nichd.nih.gov/msy/teenleaders) for more details and to apply.



## Portfolio and Record Books Due

Douglas County 4-H members will turn in their portfolio and record books from the 4-H year for 2013-2014, on or before 4 p.m. on Monday, October 1, at the Douglas County Extension Office at 1325 Waterloo Lane in Gardnerville.



Members must have all necessary leaders and parent signatures prior to turning it in. No late books will be accepted for judging. Please remember that in order to be eligible for scholarships and leader council funding, and your year end awards, you must turn in a portfolio/record book and be a member in good standing.

For further information, please call 775-782-9960.

## Douglas County Award's Night Party

Douglas County 4-H'ers will gather to be honored for their end of the year awards at 6:30 p.m., Monday, Oct. 13, at the Carson Valley United Methodist Church, 1375 Centerville Lane in Gardnerville.

This end of the year celebration recognizes members, leaders and supporters for the 4-H year 2013-14. It is planned and hosted by the Teen Leadership members. Formal 4-H uniform is required. Please note: there will not be a potluck dinner this year, however, dessert and drinks are provided. Highlights of the evening include presentation of year pins, project medals and portfolio/record book winners.

We will end the evening with our annual end of the year slide show. Last year's members, leaders and their families are encouraged to attend. For more information, please call 775-782-9960.



## Citizenship

*(Continued from page 1)*

involvement is to attend 4-H Capital Days. Held each year the legislature is in session, Capital Days teaches young people across the state how the two chambers of the legislature work, who their legislators are, and how a bill makes its way to becoming law. Youth meetings before Capital Days teach the importance of civic understanding and engagement before the young people involved attend a legislative session in Carson City, meet with their local representatives, attend committee meetings, and hold a mock session.

4-H youth development understands the vital importance of youth civic engagement.

4-H positive youth development programming propels our young people to learn about the process of engaged citizenship and develop leadership skills that give youth a voice and help them have an impact on their communities.

*- Partially derived from Citizenship section of 4-H.org*

## 4-H Fall Family Costume Ball

Come join the fun at the 4-H Fall Family Costume Ball, Saturday October 25, at the Douglas County Fairgrounds.

Families can wear their favorite costumes and enjoy an evening of dancing and fall-themed activities. Admission includes youth and adult costume contest, dancing, limbo and "Bring a Decorated Pumpkin" contest. Carnival games, family photo booth, raffle and refreshments are available for additional purchase.

Youth must be accompanied by an adult. 4-H member and non-members are welcome. The event starts at 5:30 p.m., with carnival booths. 6:30 to 9:00 p.m. is dancing and contests. Pre-purchase tickets via phone or in person at The Douglas County Recreation office: \$5 per person, or \$20 for a family of 4 with ages 4 & under free. Please call 775-782-9828 for tickets or information.

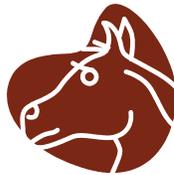


## Autumn Antics Show Coming Soon

Silver Knolls Spurs 4-H Club is presenting the Autumn Antics Open Play Day Horse Show Saturday, October 5, starting at 9:00 a.m. It will be held at the Lemmon Valley Horsemen's Arena on the corner of Alaska and Chestnut Street in Lemmon Valley.

This show serves as a Community Service Fund Raiser so Silver Knolls Spurs 4-H Club may support research done by the American Cancer Society.

The show is open to all riders, and all breeds of horses, mules and donkeys. Entry fee is \$4 per class if pre-entered (mail, call or e-mail) by October 3, 8 p.m. or \$5 per class if entered the day of the show. Office opens at 8:00 a.m.



Ribbons will be awarded First through Fifth places. Plus there are High Point and Reserve High Point awards for each of the five age categories. There is a dress code: long sleeved shirt, pants, belt, boots, hat (adult) or helmet. Helmets are required for riders 19 and under, and suggested for all riders.

Entry forms are available at the UNCE office, 4955 Energy way, on the Washoe County 4-H Calendar at <http://www.unce.unr.edu/4H/counties/washoe/> and on Facebook at [www.facebook.com/washoecounty4h/](http://www.facebook.com/washoecounty4h/).

For information contact Sam Mitchell at 775-336-0259 or [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu).

## Washoe Leader Nominations

The Washoe 4-H Year-End Awards are on December 5. Members who completed record books, as well as all leaders, will receive invitations prior to the event. Club members, parents and leaders should consider nominating Washoe County 4-H volunteers for special recognition.

Nominations can be made in the following categories: New Leader of Merit, Project Leader Service, Resource Leader and Outstanding 4-H Leader of the Year. The deadline for nominations is November 21,

Nomination forms are available for download at [www.facebook.com/WashoeCounty4H](http://www.facebook.com/WashoeCounty4H) or on the Washoe County 4-H Calendar at <http://www.unce.unr.edu/4H/counties/washoe/>. For more information, please contact Sam Mitchell at 775-336-0259 or [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu).

## Poultry Added to Rabbit and Cavy Show

Save the date for the Sixth Annual Reno Rabbits, Cavy and Poultry 4-H Club Fall Show, Saturday, November 8 in the Multipurpose Room of Cold Springs Middle School, 18235 Cody Ct. in Reno. As the name implies, this year the show will also feature poultry classes.

Entry forms and show books will be available on the Washoe 4-H Calendar at <http://www.unce.unr.edu/4H/counties/washoe/> and the Facebook page [www.facebook.com/washoecounty4h/](http://www.facebook.com/washoecounty4h/), or at the Washoe County 4-H office at 4955 Energy Way in Reno.

For information contact Sam Mitchell at 775-336-0259 or [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu).



## Rockets to the Rescue for NYSD

Wednesday, October 8, is the date set for the 2014 4-H National Science Experiment, as part of National 4-H Week (October 5-11). Called *Rockets to the Rescue!*, it will explore the field of aerospace engineering. Youth across the nation will help plan a rocket launch to send emergency food to an island disaster area.



In the process, they will learn engineering concepts, develop math skills, learn about nutrition and help solve a relevant, global issue.

Each county is holding its own NYSD event; so look for notices from your county 4-H for locations and times, or call your local office for information.

## Record Books Due in Washoe Co.

All Washoe County 4-H Record Books are due to the Washoe County 4-H office (4955 Energy Way, Reno) by 5 p.m., Friday, October 3.

All members should have the necessary leader and parent signatures before turning in their books.

Record book forms for all project areas are available as writable PDFs on the Washoe County 4-H website at <http://www.unce.unr.edu/4H/counties/washoe/>. Record book covers are available at the 4-H office for \$3 each.

For more information contact Lisa Boldman at the Washoe office; call 775-336-0273 or email [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).

## Fall 4-H Shooting Sports Training

Please note: registrations for the Fall Shooting Sports Leader certification and training in Pahrump on October 25-27, are due to County offices October 3.

If you are a shooting sports leader that would like to take this training see the State 4-H calendar <http://www.unce.unr.edu/cgi-bin/calendar.pl?calendar=4h> to download the form, or contact Sandy Wallin State 4-H Shooting Sports Coordinator at 775-887-2252 [wallins@unce.unr.edu](mailto:wallins@unce.unr.edu).

Be sure to take advantage of this Shooting sports leader certification opportunity!

## Youth and Families with Promise (YFP) Looking For Adult Mentors

Washoe County, partnered with Reno Housing Authority, has started a new mentoring program. Washoe County 4-H is currently recruiting positive, caring adult role models that would like to work with youth.

The goal of the YFP program is to help the youth improve academic performance, increase social competency, and strengthen family bonds.

If you are 18 years or older and would like to be a positive influence and caring friend for a youth from Reno Housing, or would like more information, please call Samantha Shoupe at 775-336-0270 or email [shoupes@unce.unr.edu](mailto:shoupes@unce.unr.edu).

## Western Area October Dates to Remember

**Oct. 1–** New 4-H Year begins

**Oct. 5-11** – National 4-H Week

**Oct. 8** – National 4-H Science Experiment

**Oct. 31** – Nevada Day Holiday  
(Offices Closed)



**JOIN** | THE REVOLUTION  
OF RESPONSIBILITY 

## Your 4-H Mission Minute

Autodesk® partners with National 4-H Council and the University of Arizona to provide 4-H National Youth Science Day participants with interactive aerospace engineering activities using the latest Autodesk 3D design software and training resources for free (some terms of use and conditions apply) —so young people can take their innovation and Design Thinking skills to the next level.

In support of the 2014 National Science Experiment, Autodesk is extending the fun by providing activities that further your understanding of aerospace engineering concepts with an artistic twist. You can complete two different activities related to the NYSD experiment at <http://digitalsteam.autodesk.com/for-educators/partnerships/4h>

Note that you can select which Activities you want to do, in any order you choose. To access three more activities visit the 4-H National Youth Science Day [website](http://www.4-h.org/4-h-national-youth-science-day/science-experiments-projects/rockets-to-the-rescue/). At <http://www.4-h.org/4-h-national-youth-science-day/science-experiments-projects/rockets-to-the-rescue/>

*-From 4-H.Autodesk® 4-H National Youth Science Day partnership page*

4-H is a program of University of Nevada Cooperative Extension

### WESTERN AREA OFFICES

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**Douglas County**  
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Minden, NV 89423-0338

**Washoe County**  
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Reno, NV 89502

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Unless stated differently, all meetings are held at your local Cooperative Extension office.

## 4-H Events Calendar October 2014



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	2014-2015 4-H Year begins	Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.	Portfolios due by 4 p.m., 4-H Office	
2		4 Paws Sign-ups, UNCE conf. room, 6:30-8 p.m.		
3		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, VC, 6-8 p.m.		Record Books Due by 5 p.m., Washoe 4-H Office
4		National 4-H Science Experiment "Build day", Carson City Boys & Girls Club, 1870 Russell Way, 10 a.m.-1 p.m.		
5				Autumn Antics Open Play Day Horse Show, Lemmon Valley Arena, 9:00 a.m.
5-11	National 4-H Week			
6		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Teen Leadership begins, 2:30 p.m.	
8	National 4-H Experiment	National 4-H Experiment Presentation, 6-8:30 p.m.	Paper Clover & Pet Treat Fundraiser begins. Ends Oct. 19	
9		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
13		CC/SC 4-H Council, 6:30-8 p.m.	Teen Leadership, 2:30 p.m. Awards Night, 6:30 p.m., CV Methodist Church	
14		Carson Cluckers, 6:30-8 p.m.		Horse Leaders Mtg, 6 p.m.
16		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	All T-Shirt orders due, 4-H office, 4 p.m.	
17		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, VC, 6-8 p.m.		
20		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Teen Leadership, 2:30 p.m.	Small Animal Leaders' Mtg., 6 p.m.
21				Livestock Leaders' Mtg., 6 p.m.
24-26	State 4-H Shooting Sports Leader Training, Pahrump, Fri. 710, Sat. 8 a.m.-5 p.m., Sun. 8 a.m.-1 p.m.			
25			Fall Family Costume Ball, Douglas Co. Fairgrounds, 5:30 p.m.	
27			Teen Leadership, 2:30 p.m. Leaders' Mandatory Training and Council, 6 p.m.	
31	<b>NEVADA DAY HOLIDAY - OFFICES CLOSED (<i>Happy 150th Birthday, Nevada!</i>)</b>			

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>November 2014</b>				
3		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Teen Leadership, 2:30 p.m.	
5		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
6		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
7		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m.		
10		CC/SC 4-H Council, 6:30-8 p.m.	No Teen Leadership, 2:30 p.m.	
11	<b>VETERANS' DAY HOLIDAY - OFFICES CLOSED</b>			
12				Horse Leaders Mtg, 6 p.m.
13		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
14		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
15			Cloverbud Day, CV Methodist, 10 a.m.	
17		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Community Club Night: 6:30 p.m. Pet Treat orders due, T-shirt p/u, New Record Book p/u & Community Service. CV Methodist	Small Animal Leaders' Mtg., 6 p.m.
19		Carson Cluckers, 6:30-8 p.m.		Livestock Leaders' Mtg., 6 p.m.
20		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
21		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m.		
24			No Teen Leadership or Leaders' Council	
27-28	<b>THANKSGIVING DAY HOLIDAY - OFFICES CLOSED</b>			
28		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
<b>December 2014</b>				
1		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
3		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.	<div style="border: 1px solid black; padding: 5px;">                     Douglas County currently has too many Project specific meetings dates to publish. Please refer to your Project Leader and Calendars for meeting dates. All dates take place at the 4-H office unless otherwise noted.                 </div>	
5		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m.		Year End 4-H Awards,
6		Parade of Lights, Virginia City, 3-8 p.m.		
8		CC/SC 4-H Council, 6:30-8 p.m.		
9				Horse Leaders Mtg, 6 p.m.
12		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
15		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		Small Animal Leaders' Mtg., 6 p.m.
17				Livestock Leaders' Mtg., 6 p.m.
19		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m.		
25	<b>CHRISTMAS DAY HOLIDAY - OFFICES CLOSED</b>			
26		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		