



University of Nevada  
Cooperative Extension

www.unce.unr.edu/areas/western

# Clover CLIPS



VOLUME 24 • ISSUE 11 • NOVEMBER 2016

University of Nevada Cooperative Extension • Northern Area/Western

## Supporting the 4-H Volunteer Life-Cycle

4-H cherishes its volunteers and celebrates the emergence of experienced and successful volunteer leaders. In order to be supportive, 4-H staff and long-term volunteer leaders need to be sensitive to each volunteer's feelings and needs at any given stage of a volunteer's 4-H career. A volunteer's career growth can be broken down into three main stages as he/she develops into a successful volunteer: **Exploratory**, **Developmental** and **Mature**. It is important to remember that no volunteer or the experience is exactly the same. There will be some variations to the described stages and steps.

**Exploratory Stage:** This is the time that a new volunteer is learning all about 4-H and the expectations of volunteering. An initial commitment has been made, but nothing has yet crystalized. This period is crucial. The new, potential volunteer is excited but also nervous. Staff and fellow volunteers must reassure the potential volunteer by offering general training that is not overwhelming but will offer a needed foundation which can be built upon as the potential volunteer moves through the process. Provide the potential volunteer ample opportunities to observe others in volunteer positions. This can be extremely beneficial.

Once the volunteer is ready to "try on" the role of leader be encouraging and positive. Offer to help the new volunteer practice the skills he/she will be introducing. Offer to stand by the volunteer at the first few meetings. After staff and long-term volunteers have offered careful instruction, close monitoring, and on-going encouragement, the new volunteer will come

to understand he/she has done a reasonably good job and will relax.

**Developmental Stage:** This is where the new volunteer really experiences a growth spurt. His/her confidence is building and the volunteer is hungry for more information and specific techniques. This is the perfect time for more in-service training. The volunteer is anxious to know how to do an even better job. This is the time for staff and experienced

volunteers to offer comments on the volunteer's strengths and teach how to do things in an even more effective way. The volunteer now feels like a real contributing member of the team. The volunteer wants to deliver higher level skills and is feeling less dependent on others. Staff should communicate more often with the volunteer now. Provide continuous encouragement. Note the volunteer's

progress and let the volunteer know they are doing an increasingly better job.

**Mature Stage:** This can be the most fulfilling stage of growth for the volunteer and the 4-H organization. The volunteer has experience, confidence and is comfortable carrying out his/her responsibilities. The mature volunteer is frequently very modest and unassuming about their skills. He/she knows intuitively what to do and how to do it. The mature stage of volunteer development can be broken down into the "sharing step" and the "leading step".

Those volunteers in the "sharing step" may offer advice and encouragement to new leaders. They



*Continued on page 4*

## Carson City / Storey County 4-H Celebrates the 2015-2016 4-H Year

Carson City/Storey County 4-H Clubs are invited to help celebrate the 2015-2016 4-H year at the Annual Awards Night Thursday, November 17, at Fuji Exhibit Hall across from Costco on Old Clear Creek Road in South Carson City.

The fun begins with a pizza party hosted by the Carson/Storey 4-H Council. Families are asked to bring salads or dessert to share. The Awards Ceremony begins at 6:30 p.m. Please wear 4-H dress, dark pants (yes blue jeans are acceptable) or skirt, white shirt and green tie or business casual.

Clubs are encouraged to decorate their own tables. Contact Sandy Wallin for more information or to sign up to help set up, 775-887-2252. Set up begins at 9:30 a.m. at Fuji Exhibit Hall.



## Douglas Co. Community Club Night

Douglas County 4-H families are invited to Community Club Night Monday, November 14, at 6:30-8:00 p.m., at the Carson Valley Methodist Church, 1375 Centerville Lane in Gardnerville. Here are all the fun things we will be doing:

- Food drive for the local food closet (Bring non-perishables)
- Make holiday cards to send to our senior citizens and our troops
- Turn in all Pet Treat order monies and order forms (No exceptions, please have your forms totaled)
- Pick up T-Shirts, if you did not pick up at PINGO
- Pick up Portfolio Record book packets



Attendance at this event fulfills many of the annual requirements needed by Douglas County 4-H members to receive their county Year Pin award at year end.

For a 4-H member in Douglas County there are four things that must be accomplished each year in order to receive your Year Pin: attend 75% of your project meetings, participate in a 4-H community service, participate in a 4-H fundraiser and display your project in a show or event (this requirement varies depending on your project, so please check with your leader). Additionally, youth turning in a Portfolio/Record book at year-end will receive their county Project Medal award.

This community service/fundraiser project is sponsored by your Douglas County 4-H Leaders Council and Teen Leadership. There are no fees to attend. Youth must be accompanied by an adult. Please call 775-782-9960 for more information.

## 4-H Pet Treats Fundraiser

It's time once again for the Douglas County 4-H Pet Treats Fund Raiser. The three top-selling members win movie matinee tickets for four.

4-H Youth sell high quality pet treats to businesses, friends and neighbors, just in time for holiday stocking stuffers for beloved pets (dog, cat and horse treats available).

All money and orders are due at Community Club Night at 6:30 p.m. on November 14, at the Carson Valley United Methodist Church 1375 Centerville Lane in Gardnerville.

Please have all exact money and all columns totaled on your order sheet prior to arriving!

The fundraiser is for 4-H Youth Events including Award's Night, Community Club Nights, Portfolio Judging, Scholarships, Insurance, 4-H Camp and more. Participation counts towards members' year-end 4-H awards.

All 4-H members are asked to sell a minimum of five items. (Families may donate \$20 in lieu of sales). Be sure to let your customers know that they may also purchase treats for donation to the local animal shelter (mark the donate column on the order form, please but do not choose a flavor for donations.)

Note: The pet treats will be ready for all families to pick up a month later on Thursday, December 8 ONLY, from 8:00 a.m. to 5:00 p.m. at the 4-H office, 1325 Waterloo Lane, Gardnerville. Please call, 775-782-9960 for more information.



## 2017 Prudential Spirit of Community Awards

Now through November 8, middle and high school students who volunteer can apply for 2017 Prudential Spirit of Community Awards. The program honors students in grades 5-12 who make meaningful contributions to their communities through volunteer service.

Top honorees earn cash prizes and all-expense-paid trips to Washington, D.C. for four days of national recognition events.

Learn more or apply at <http://spirit.prudential.com>

## Reno Rodeo Foundation Scholarships

The Reno Rodeo Foundation (RRF) is offering scholarships to eligible students interested in pursuing higher education at an accredited Nevada College or University or at an out-of-state College or University if the declared major is not offered in Nevada.

The Reno Rodeo Foundation scholarship committee will only give consideration based on full-time student enrollment in an accredited Nevada College or University or an out-of-state College or University if the declared major is not offered in Nevada. Award recipients must enroll as a full-time student at the educational institution within the year awarded or forfeit the award.

Evaluation criteria includes financial need, scholastic proficiency, leadership, service, and specialized talents for students who have graduated from a Northern Nevada high school with a minimum GPA of 3.0.

Applications must be received by midnight March 22, 2017. Even worthy applicants will be eliminated from consideration if they fail to complete the online application accompanied by all of the required documents after the close date of March 22, 2017. Notification to successful applicants will occur in May 2017.

To acquire the RRF information and the online application please visit their website at [www.RenoRodeoFoundation.org](http://www.RenoRodeoFoundation.org).



## Washoe Co. 4-H Leader Nominations

The Washoe County 4-H Year End Awards are set for December 18. The event celebrates outstanding achievement by Washoe County 4-H members and leaders.

But now is the time to nominate someone for a Leader Award. New Leaders of Merit, Project Leaders Service and the Outstanding 4-H Leader award certificates are presented at the awards ceremony. There are also forms for nominating Friends of 4-H and 4-H Partners (companies and organizations that worked directly with 4-H).

The deadline for nominating someone is November 23. All forms go to Sarah Chvilicek at the Washoe County 4-H, 4955 Energy Way in Reno.

The nomination forms can be found on the Washoe County 4-H Facebook page ([www.facebook.com/washoecounty4h](http://www.facebook.com/washoecounty4h)) and on the Washoe 4-H calendar at <http://www.unce.unr.edu/calendar/assets/uploads/2016/10/leader-award-nomination-forms-2016.pdf>



## Pacific Standard Time Returns

Get ready to “fall back” one hour. Pacific Standard Time will begin on Sunday, November 6, 2016, at 2:00 a.m.

Be sure to change any clocks that don’t automatically reset, and enjoy the extra hour of sleep.

---

## Still Openings for Citizenship and Leadership Washington Focus

What does it mean to be a good citizen or a leader? Are you being a strong civic leader for your community, country and world?

For more than 50 years, thousands of high school youth from all across the country have travelled to Washington, DC each summer to partake in the preeminent 4-H citizenship and leadership experience— [Citizenship Washington Focus](#). In the summer of 2014 4-H introduced the precursor to CWF, the first national 4-H event designed exclusively for middle school 4-H’ers, [Leadership Washington Focus](#).



Citizenship Washington Focus (CWF) is a program for 4-H’ers entering grades 10-12 that takes place at the National 4-H Youth Conference Center, just one mile from Washington, D.C.

Leadership Washington Focus (LWF) is a 4-H leadership program for 4-H’ers entering grades 7-9. The program will also take place at the National 4-H Youth Conference Center.

CWF and LWF are more than just another DC field trip – 4-H’ers learn essential civic leadership skills and leave with the tools that will allow them to bring about real change in their communities. These are the only national summer citizenship and leadership programs offered exclusively to 4-H members.

For more information or to register, please visit the 4-H Citizenship Washington Focus and 4-H Leadership Washington Focus websites by using the links above or by going to 4-H.org.

## Volunteer life-cycle

(Continued from page 1)

might offer one-on-one support for a struggling volunteer on an informal basis. Those volunteers in the “leading step” phase would take this even further. Perhaps the volunteer would agree to become a mentor offering much more formalized training and support. These are the volunteers that become key players in organizing events, or the chairpersons of a key group. The mature volunteer is especially precious to 4-H. He/she is the leader, advisor, mentor and the one staff rushes to when problems or issues arise.

If staff and valued, experienced volunteers have continued to care and mentor newer volunteers, they will grow through the stages and blossom and mature into confident, relaxed and happy volunteer leaders. If 4-H can create situations where the mature volunteer has high public visibility, he/she can serve as a role model for others to follow.

*-Article adapted from “Volunteer Life Cycle” on 4-H.org*



## Annual Fall Rabbit and Cavy Show

The Reno Rabbit and Cavy 4-H Club is presenting its 8th Annual Fall Show in conjunction with Sierra Nevada RBA. There will be a Double Open ARBA Rabbit Show, and a Single Open Cavy Show.

The event is November 12, at Cold Springs Middle School (18235 Cody Court, Reno, Nevada 89508). The building opens at 7:30 a.m., with the show starting at 8:30 a.m.

The 4-H club will be selling snack items at the show, but it is advised to bring a sack lunch as there is no access to a kitchen.

Mailed entries are due November 4th. Emailed entries are due November 8th. There are no day-of-show entries allowed.

Go to [www.facebook.com/washoecounty4h](http://www.facebook.com/washoecounty4h) to get the show program and entry forms; or open the 4-H Calendar link below:

<http://www.unce.unr.edu/calendar/assets/uploads/2016/10/2016-11-12-SNRBA-Reno-Rabbit.pdf>



### Northern Area/ Western November Dates to Remember

**Nov. 8** – National Election Day

**Nov. 11** – Veterans’ Day Holiday  
(4-H Offices Closed)

**Nov. 12** – Reno Rabbits and Cavy 4-H  
8th Annual Fall Show

**Nov. 24-25** – Thanksgiving and  
Family Day Holidays  
(4-H Offices Closed)



## Your 4-H Mission Minute

4-H is investing in its most valuable asset: volunteers

4-H’s research-based, learn-by-doing model equips kids with skills such as problem solving, decision making and communicating -- essential for them to succeed in school, college, careers and communities. Volunteers have a role to play in 4-H clubs, community service, civic engagement and camping programs.

4-H provides training and resources volunteers need. Volunteers provide the time and the passion for helping youth succeed.

4-H offers a number of training opportunities where volunteers learn about leading clubs, projects and more.

*- UMN Extension website*



4-H is a program of University of Nevada Cooperative Extension

### NORTHERN AREA/WESTERN

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1325 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
4955 Energy Way  
Reno, NV 89502

Clover Clips is published monthly by the University of Nevada Cooperative Extension for the benefit of 4-H members, leaders, families and others. The University of Nevada, Reno is an Equal Employment Opportunity/Affirmative Action employer and does not discriminate on the basis of race, color, religion, sex, age, creed, national origin, veteran status, physical or mental disability, and sexual orientation in any program or activity it operates. The University of Nevada employs only United States citizens and aliens lawfully authorized to work in the United States

Unless stated differently, all meetings are held at your local Cooperative Extension office.

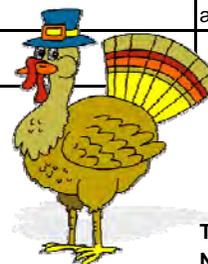
## 4-H Events Calendar November 2016



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1		Carson Cluckers, UNCE conf. rm., 6:30-8 p.m.		
2		Bouncing Bunnies, Fuji Ex. Hall, 6:30-8 p.m. Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.	<b>Please note:</b> Due to the number of club meetings in Douglas County, we cannot list them all here.	
3		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
4		4-H Art/ oil Painting w Rosie., 6-8:30 p.m. Carson City Hot Shots, Cap. City Gun club, 6-9 p.m.		<b>Please note:</b> Due to the number of club meetings in Washoe County, we cannot list them all here.
5		Carson Cloverbud Club, 1-3 p.m. Silver Bricks FLL, scrimmage, Pennington B&G, Reno		
7		Target Rippers, Fuji Exh. Hall, 6:30-8 p.m. Cook Lovers, VC Sr. Center 4-6 p.m.		
8	National Election Day			
9		Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		
10		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m. Arrowhead, UNCE conf. rm., 6:30-8 p.m.		
11		4-H Art/ oil Painting w Rosie., 6-8:30 p.m.		
11	<b>VETERANS' DAY HOLIDAY - OFFICES CLOSED</b>			
12				Reno Rabbits & Cavy Fall Show, Cold Springs Middle School, 8:30 a.m.
14		Cook Lovers, VC Sr. Center 4-6 p.m.	Community Club Night: Pet Treat orders due, pick up T-shirts and record books, bring non- perishable donation. CV Methodist, 6:30 p.m.	
15				Horse Leaders' Mtg, 5:30 p.m. Livestock Leaders' Mtg., 6 p.m.
16		Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		
17		Awards Night, Fuji Ex. Hall, 6:30-8 p.m.		
18		4-H Art/ oil Painting w Rosie., 6-8:30 p.m. Carson City Hot Shots, Cap. City Gun club, 6-9 p.m.		
19		Carson Cloverbuds, 6:30-8 p.m.		
20			Hiking Project begins, River Fork Ranch, Genoa, 1-3 p.m.	
21		Target Rippers, Fuji Exh. Hall, 6:30-8 p.m.	No Leaders' Council until Jan. 23	Small Animal Leaders' Meeting, 6 p.m.
23		Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		Deadline for Washoe 4-H Leader Nominations
24-25	<b>THANKSGIVING DAY AND FAMILY DAY HOLIDAY - OFFICES CLOSED</b>			
27				Beef weigh-in and tagging, time and location TBA
30		Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		



**Veterans' Day  
November 11**



**Thanksgiving  
November 24**

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA AND OTHER COUNTIES	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>December 2016</b>				
		NOTE: 4-Paws takes a break during December. No meetings or workshops		
2		Carson City Hot Shots, Cap. City Gun club, 6-9 p.m.		
3		Carson Cloverbuds, 1-3 p.m. Parade of Lights/4-H Potluck, VC Sr. Center, 3:30 p.m.-8 p.m.		
5		Target Rippers, Fuji Ex. Hall, 6:30-8 p.m. Cook Lovers, VC Sr. Center 4-6 p.m.		
7		Bouncing Bunnies, Fuji Ex. Hall, 6:30-8 p.m. Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		
11		Silver Bricks FLL, VC Roasting House, 3:30-5:30 p.m.		
12		Cook Lovers, VC Sr. Center 4-6 p.m.		
13		Carson Cluckers, Fuji Ex. hall, 6:30-8 p.m.		Horse Leaders' Mtg., 5:30 p.m.
15				Washoe County 4-H Horse Awards
16		Carson City Hot Shots, Cap. City Gun club, 6-9 p.m.		
17		Carson Cloverbuds, 1-3 p.m.		
18				Washoe County 4-H Year-end Awards, UNCE Office, 2 p.m.
19		Target Rippers, Fuji Ex. Hall, 6:30-8 p.m. Cook Lovers, VC Sr. Center 4-6 p.m.		Small Animal Leaders' Meeting, 6 p.m.
20				Livestock Leaders' Mtg., 6 p.m.
26	<b>CHRISTMAS HOLIDAY - OFFICES CLOSED</b>			
28			No Leaders' Council until Jan. 23	
30		Carson City Hot Shots, Cap. City Gun club, 6-9 p.m.		
31		Carson Cloverbuds, 1-3 p.m.		
<b>January 2017</b>				
2	<b>NEW YEAR HOLIDAY - OFFICES CLOSED</b>			
2		Target Rippers, Fuji Ex. Hall, 6:30-8 p.m.		
4		Bouncing Bunnies, Fuji Ex. Hall, 6:30-8 p.m.		
5		4-Paws, Fuji Ex. Hall, 6:30-8 p.m.		
9		Cook Lovers, VC Sr. Center 4-6 p.m.		
10				Horse Leaders' Mtg., 5:30 p.m.
12		4-Paws, Fuji Ex. Hall, 6:30-8 p.m.		
13		Carson Hot Shots, Cap. City Gun club, 6-9 p.m.		
16	<b>MARTIN LUTHER KING DAY HOLIDAY - OFFICES CLOSED</b>			
17		Carson Cluckers, Fuji Ex. hall, 6:30-8 p.m.		Livestock Leaders' Mtg., 6 p.m.
19		4-Paws, Fuji Ex. Hall, 6:30-8 p.m.		
21		Fabric/Rummage Sale Drop-off, Fuji Exhibit Hall, 10 a.m.-3 p.m.		
23			Leaders' Council, 7 p.m.	Home Arts and Sciences Mtg., 5:30 p.m.
27		Carson Hot Shots, Cap. City Gun club, 6-9 p.m.		
28		Fabric/Rummage Sale Drop-off, Fuji Exhibit Hall, 10 a.m.-3 p.m.		
30		Cook Lovers, VC Sr. Center 4-6 p.m.	Speaking with Confidence begins, 4-5 p.m.	