



University of Nevada  
Cooperative Extension

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# Clover CLIPS



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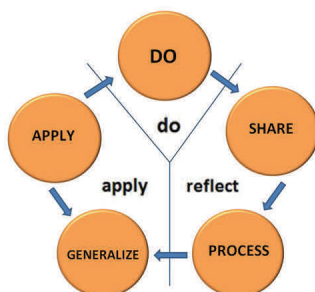
## Positive Youth Development – Why it is Important

Positive Youth Development and its importance within the 4-H Program will be the cover topic for the coming year for Clover Clips. 4-H Leaders, parents and members will gain insight as to how they may incorporate specific tools and strategies in to their 4-H Program. Each month Clover Clips will highlight a specific element of Positive Youth Development (PYD) along with ideas on how that element can be put in to practice. This first month will provide an overview of Positive Youth Development.

While there are many organizations that work with and for youth, 4-H Youth Development is unique in its approach of positive youth development. It is important that 4-H leaders understand the basics of positive youth development. Volunteers demonstrate the ability to intentionally and appropriately apply the principles and best practices that result in the positive development of youth. All of which the 4-H Leader or Staff member delivers through the Experiential Learning Model or ELM, which basically means “Do”-“Reflect”-“Apply”. You may have heard the statement; “in 4-H we don’t teach youth *what* to think but rather we teach them *how* to think”. This ensures that we put the principles of Positive Youth Development in to practice at all levels of the 4-H Youth Development Program.

- Youth Development is defined as an ongoing process through which young people attempt to meet their needs and develop the competencies they perceive as necessary for survival and transition into adulthood.
- Positive Youth Development is the process that incorporates social, emotional, cognitive, physical and moral development of youth to meet the challenges of adolescences with the outcome of becoming competent, caring, contributing adults. It occurs from an intentional process that promotes positive outcomes for young people by providing opportunities, choices, relationships, and support. The impact affects the young person, families and communities.
- Adults do this by providing environments for youth that are safe and nurturing and by offering experiences that

- help young people develop skills needed for adulthood.
- Positive youth development is the foundation of 4-H programs. It includes developing life skills, leadership skills, understanding ages and stages of youth development, empowerment of others, practicing youth-adult partnerships, motivating and encouraging youth, and appreciating diversity. Volunteers are needed to ensure that positive youth development is the primary focus of every 4-H activity, program, and event. The more we keep this focus, the more the youth will benefit. (<http://www.4-h.org/resource-library/4-H-volunteer-resources/positive-youth-development/>)



Psychologist Eric Erikson (1902–1994) is perhaps the best known theorist in the field of human development. He proposed a model of eight stages of development that all children go through as they move from infant to adult, and built on that theoretical framework to identify critical assets that must be mastered in order for the child to reach successful adulthood. The stages are:

- Trust, which he linked to positive emotional relationships with caring adults
- A strong sense of self-sufficiency
- Ability to exercise initiative
- Confidence in one’s ability to master skills and navigate one’s world
- A well-formed sense of personal identity
- A desire to be productive and contributing for future generations
- The ability to experience true intimacy
- A strong sense of personal integrity

The work of Erikson and other human development theorists has provided important foundations to the positive youth development approach to working with young people. (*Child Development Institute: <http://www.childdevelopmentinfo.com/development/erickson.shtml>*)

We look forward to sharing this important topic with our readers through the year. Remember we are “4-H Proud!”

## Scholarships for Douglas 4-H Seniors

Douglas County 4-H members who are high school Seniors can apply for two 4-H scholarships: Carson Valley Kiwanis/4-H Scholarship (\$1000) and The Norm Sharkey Memorial Scholarship (up to \$500).

Scholarships applications will be mailed to eligible seniors or available for pick up February 2, 2015. To be eligible, you must be a high school senior, have turned in a portfolio/record book last year and currently be a member in good standing.

Scholarship applications and all accompanying documents are due back to the 4-H office by April 2, 4:30 p.m. For more information, please call the Douglas County 4-H office at 775-782-9960.

## Annual Tack Sale Coming Soon

If you need to buy or replace horse gear, come to the 24th Annual 4-H Consignment Tack Sale at the Reno Livestock Events Center Pavilion on February 15, 8 a.m. to 3 p.m. The sale, sponsored by the Silver Knolls Spurs 4-H Club, benefits the Washoe County 4-H Horse Program.

The event is open to the public to buy or sell. Horse-Related Items are sold on consignment: the consigner receives 80%, 4-H retains 20% of the selling price. Donations of tack are welcome.

There will be a large selection of quality used horse tack and horse care supplies for sale. For more information please call Sam Mitchell at 775-232-0259 or email [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu) for more information.

You can also find the link to the event flyer on our Facebook page [www.facebook.com/washoecounty4-H](http://www.facebook.com/washoecounty4-H).

## UNR Scholarships Available

The UNR College of Agriculture, Biotechnology, and Natural Resources (CABNR) is awarding at least five \$1000 scholarships to incoming freshmen or college transfer-students with records of agricultural leadership and/or interest in CABNR's Land Grant Mission. The scholarship was established to retain the best young minds to work in areas related to Nevada's rich agricultural and natural resources heritage. Students with FFA or 4-H experience are strongly encouraged to apply.

To receive the scholarship, students must be enrolled in a CABNR degree program during the 2015-2016 academic school year. Information about CABNR programs can be obtained from the following website (<http://www.unr.edu/cabnr>).

The application deadline for incoming freshmen is March 6, 2015. The application deadline for college transfer students is April 1, 2015. Contact Lindsey Barnes ([lbarnes@cabnr.unr.edu](mailto:lbarnes@cabnr.unr.edu)) or David Shintani ([shintani@unr.edu](mailto:shintani@unr.edu)) with any questions.



## Time for the Fabulous 4-H Fabric Sale

The Carson City/Storey County 4-H Council's Fabulous Fabric and Rummage Sale fundraiser is almost here. The sale is on Saturday, February 14, 9 a.m. until 4 p.m., and Sunday, February 15, 9 a.m. until noon, at Fuji Park Exhibit Hall on Clear Creek Road in Carson City. Setup for the fundraiser event is Friday, February 13, 8 a.m. to 5 p.m. Donations will be accepted that day.

All proceeds from the fabric and rummage sale go toward scholarships for continuing education for Carson City and Storey County 4-H graduating seniors.

All Carson City/Storey County 4-Hers are encouraged to sign up to help at the sale and community service hours will apply. Parents can volunteer to assist. Help is needed to price items, accept donations, handle cash and assist shoppers in measuring and cutting fabric. For more information please call Jim Barcellos or Sandy Wallin at 775-887-2252.



## Time to Order NJLS Tags in Douglas Co.

All Douglas County livestock project 4-H members must email Shannon Montana ([montanas@unce.unr.edu](mailto:montanas@unce.unr.edu)) at the Douglas County 4-H office by February 2, 2015 to pre-order their livestock tags for NJLS.

Please include the 4-H member's name, number of tags needed and which specie in the email.

## Official County Weigh-ins for NJLS

In Douglas County Sheep, Swine or Goat project members attending NJLS must bring their project animal to the Douglas County Fairgrounds, 920 Dump Road in Gardnerville to be weighed-in and tagged on Sunday, March 1.

Sheep and goats must be ready to weigh at 1:00 p.m. Swine must be ready to weigh at 1:30 p.m. To print entry forms, rule books, scholarship applications, view fees and more, go to: <http://agri.nv.gov/Administration/NJLSB/NJLSB/>.

The due date for Washoe County livestock tag requests is February 10, tags are \$20 each and non-refundable. Livestock tagging and weigh-in for Washoe County is Sunday, March 1, 9:00 a.m. at the Reno Livestock Events Center. For more information, please contact Lisa Boldman, 775-336-0273 or [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).

## QA Workshop in Washoe County

Need to complete the Quality Assurance (QA) requirement for your livestock project? UNCE Washoe County office invites local 4-H members and those from surrounding counties to join us Saturday, March 14, from 10:00a.m. to noon for a QA workshop.

The workshop will be held at the UNCE Washoe office and is being provided by Darci Beaton. Cost for the workshop is \$3.00 per participant.

For more details and to secure a spot in the workshop, please contact Lisa Boldman at 775-336-0273 or [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).

## Washoe County Small Animal Show

The annual Washoe County 4-H Youth Rabbit, Cavy and Poultry Show will be held Saturday, February 28, at the Reno Livestock Events Center Exhibit Hall.

The show is open to all 4-H youth exhibitors 9-19 years old as of January 1. Cloverbuds age 5-8 will be judged separately for comments only. There will be a snack bar, raffle (bring an item to donate,) contests for costume and photo, and a Chicken plop fundraiser.

Entry forms for rabbit, cavy, and poultry must be postmarked no later than February 23, 2015. They are available at [www.facebook.com/washoecounty4H](http://www.facebook.com/washoecounty4H), or at the Washoe County 4-H office, 4955 Energy Way in Reno. For more information, please contact Lisa Boldman at 775-336-0273 or [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).



## Project Youth Extension Service (YES!) Internship Program

Everyone feels the impact of deployments, but children and youth can be especially vulnerable. Project YES! allows you to get involved and make a difference in the lives of our military families throughout the nation.

As a Project YES! intern, you'll travel the nation providing youth development programs to military families engaged in deployments or other military-related separations. This one-year internship provides an opportunity to deliver hands-on, engaging, interactive and fun youth programming to children 6-18 years old.

Professional development opportunities also allow interns to complete a career-broadening project under the guidance of an individually assigned mentor.

The application deadline is February 28, 2015. Interns attend a mandatory, all expenses paid orientation in May, 2015. Here you'll meet your fellow interns, learn more about the program, and receive high-level curriculum and program management information.

If you are interested in Project YES! contact Director James C. Johnson, at 919-513-3165 or email [james\\_johnson@ncsu.edu](mailto:james_johnson@ncsu.edu). Visit the website at <http://militaryfamilies.extension.org/yes-intern-program/>.



## Become a 4-H Sewing Clover

The Washoe County sewing club is looking for more new members. Are you curious about how to operate a sewing machine? Are you a beginner or have experience sewing? If you would like to join a group with similar sewing interests, then Washoe 4-H Sewing Clovers is for you.

The club meets the third Thursday of every month from 6 p.m. to 7:30 p.m. For more information, please contact Lisa Boldman at 775-336-0273 or [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).

## Bringing a Smile to UNCE YDP

Nevada Cooperative Extension 4-H Youth Development Programs, Inc. is now on AmazonSmile.

Ever shop with Amazon.com? Did you know that you can now donate part of that purchase to benefit Nevada 4-H?



On your next (or first) visit to AmazonSmile ([smile.amazon.com](http://smile.amazon.com)) you will be prompted to select a charitable organization.

If you'd like to contribute to Nevada 4-H select Nevada Cooperative Extension 4-H Youth Development Programs, Inc. when you complete your purchase, the AmazonSmile Foundation donates 0.5% of the purchase price. A vast array of available Amazon products are marked "eligible for AmazonSmile donation" on the AmazonSmile page. See <https://org.amazon.com/> for more details.

## Be the Judge at Washoe Horse Clinic

All 4-H Horse Club members are invited to bring their horse to this year's first mounted clinic on February 21 at the Reno Livestock Events Center. Sign-in begins at 8 a.m.; with the clinic starting promptly at 9 a.m.

There will be a presentation from the Nevada team who went to Nationals in Horse Judging.

Participants will do a Mock Horse Judging with their own horses, learn Equine Flexing/Stretching/Massage where horse and rider will work together and Trail Obstacles Practice with horse and rider.

As with all 4-H riding clinics, 4-H dress and approved equestrian helmets are required. A snack bar will be provided by Spanish Springs Trailblazers 4-H Horse Club.

Please call Sam Mitchell at 775-232-0259 or email [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu) for more information.

## 4-H GROWN - Connect with 4-H Alumni

Are you a 4-H alum? Help your state win a \$10,000 Science Sponsorship from HughesNet®. 4-H and HughesNet® have partnered to launch the 4-H GROWN Alumni Campaign.

Register online at <http://www.4-h.org/4hgrown/> as a 4-H GROWN Alumni and your state will receive a vote towards winning a \$10,000

Innovation Incubator sponsorship.



Every check-in counts so encourage your 4-H friends and family to check-in too. The contest ends on Monday, March 16.

National 4-H Council and HughesNet®, the nation's largest satellite internet provider, are joining together to inspire young people in communities across the country to pursue careers in science, technology, engineering and mathematics (STEM).

Both organizations serve small, local, rural and urban communities across the country and are passionate about STEM education, building future leaders and powering the nation's competitiveness in the global economy.

## Western Area February Dates to Remember

- Feb. 14-15**– FabulousFabric and Rummage Sale, Carson City
- Feb. 15**– Annual Tack Sale, RLEC
- Feb. 16**– Presidents' Day (Offices Closed)
- Feb. 21**– 4-H Horse Clinic, RLEC
- Feb. 28**– Rabbit, Cavy & Poultry Show, RLEC

**JOIN** | THE REVOLUTION   
OF RESPONSIBILITY

### WESTERN AREA OFFICES

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1325 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
4955 Energy Way  
Reno, NV 89502

## Your 4-H Mission Minute

What do young people need to thrive? Research in child and adolescent development has told us what they need to become healthy productive adults.

*Bottom line* – Young people need their needs met (shelter, food, etc.) and feel safe before they can grow and learn. Youth in survival mode do not thrive.

*Preparedness* – Young people need to develop competencies and skills to ready themselves for work and adult life. Competencies range from academic, social, emotional to vocational, cultural.

*Connectedness* – Young people need to belong, to be connected to family and community to thrive. A growing body of brain research indicates that we are hardwired to connect. It is a core requisite to learn, develop and interact with the world.

*Engagement* – Young people need opportunities to engage in meaningful activities, have a voice, take responsibility for their actions, and actively participate in civic discourse. This sets the agenda for positive youth development.

*-Positive Youth Development Resource Manual, Cornell University*

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Unless stated differently, all meetings are held at your local Cooperative Extension office.

## 4-H Events Calendar February 2015



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
2	National 4-H Conference Application deadline.	Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	All Livestock members must declare tag orders for NJLS to the 4-H Office via email by 4 p.m.	
3			Seriner high School 4-H member's scholarship applications mailed to eligible seniors, due April 2	
4		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
5		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
6		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, Virginia City, 5-7 p.m.	Douglas County currently has too many Project specific meeting dates to publish. Please refer to your Project Leader and Calendars for meeting dates. All dates take place at the 4-H office unless otherwise noted.	
9				Small Animal Leaders' Mtg., 6 p.m.
10				Deadline for Livestock tag ordering, 5 p.m. Horse Leaders Mtg, 6 p.m.
11		Carson Cluckers, 6:30-8 p.m.		
12		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		<b>Please note:</b> Due to the number of club meetings in Washoe Co., we cannot list them all here.
13		Fabric/Rummage Drop Off/ Set up, Fuji Exhibit Hall, 8 a.m.-5 p.m.		
13-16	National Youth Summit on Healthy Living, Washington, DC			
14		Fabric/Rummage Sale Fund Raiser, Fuji Exhibit Hall, 9 a.m.-4 p.m.		
15		Fabric/Rummage Sale Fund Raiser, Fuji Exhibit Hall, 9 a.m.-1 p.m.		4-H Horse Tack Sale, RLEC
16	<b>PRESIDENTS DAY HOLIDAY - OFFICES CLOSED</b>			
16		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
17				Livestock Leaders' Mtg., 6 p.m.
19	World of 7 Billion Video Contest Entry Deadline	4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
20		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, Virginia City, 5-7 p.m.		
21			Cloverbud Home Depot Day, 10 a.m.	Horse Clinic, RLEC
28				Rabbit, Cavy and Poultry show, RLEC



**Presidents' Day Holiday, Feb. 16**

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>March 2015</b>				
1			Weigh in for NJLS, Douglas County Fairgrounds, 1 p.m. Sheep, 1:30 Swine	Livestock Weigh-in, RLEC 9 a.m.
2		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Douglas County currently has too many Project specific meetings dates to publish. Please refer to your Project Leader and Calendars for meeting dates. All dates take place at the 4-H office unless otherwise noted.	<b>Please note:</b> Due to the number of club meetings in Washoe County, we cannot list them all here.
4		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
5		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
6		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m. Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
7			STEMS Science Fair	Horse Clinic, RLEC
10				Horse Leaders Mtg, 6 p.m.
11	Camp Meet and Greet for perspective teens and Chaperones, Washoe Office	Carson Cluckers, 6:30-8 p.m.		
12		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
14	Quality Assurance Workshop, Washoe office, 10 a.m. to noon		Rabbit Show, Douglas County Fairgrounds	Quality Assurance Workshop, 10 a.m. to noon
16		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		Small Animal Leaders' Mtg., 6 p.m.
17				Livestock Leaders' Mtg., 6 p.m.
19		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
20		Comstock Explorers, Roasting House, Virginia City, 6-8 p.m. Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
21			Cloverbud Livestock Day, 10 a.m.	
23			Leader's Council, 7 p.m.	
25-26	Western Nevada Regional Science and Engineering Fair			
<b>April 2015</b>				
2			High School Scholarships due 4:30 p.m.	
5	NJLS Entry Deadline			
14				Horse Leaders Mtg, 6 p.m. Livestock Leaders' Mtg., 6 p.m.
15	NJLS Quality Assurance Deadline			
19				Washoe County Livestock Show, RLEC
20				Small Animal Leaders' Mtg., 7 p.m.
25			4-H Community Club 10-11 a.m. CV Methodist	
27				Leaders' Council Mtg., 6 p.m.