



University of Nevada  
Cooperative Extension

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# Clover CLIPS



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## 4-H Focuses on Citizenship and Leadership

*Article written with content from [www.4-Hcenter.org](http://www.4-Hcenter.org)*

What does it mean to be a good citizen or a leader? Are you being a strong civic leader for your community, country and world?

For more than 50 years, thousands of high school youth from all across the country have travelled to Washington, DC each summer to partake in the preeminent 4-H citizenship and leadership experience—Citizenship Washington Focus (CWF). In summer 2014 the companion program to CWF, Leadership Washington Focus (LWF), was introduced; the first national 4-H event designed exclusively for middle school 4-H'ers.

National 4-H Council has welcomed high school 4-Hers to put their leadership skills to work in their communities and now they are looking to build more 4-H leaders with LWF to return as delegates to CWF.

CWF and LWF are more than just another DC field trip – 4-H'ers learn essential civic leadership skills and leave with the tools that will allow them to bring about real change in their communities.

CWF and LWF are the only national summer citizenship and leadership programs offered exclusively to 4-H members.

**Citizenship Washington Focus** is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the National 4-H Youth Conference Center, just one mile from the Washington, DC border.



Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- strengthen their communication, leadership, and citizenship skills on a national level
- understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds.

- experience hands-on learning using the historical backdrop of Washington, DC.
- CWF participants enjoy:
- a behind-the-scenes look at our nation's capital and the chance to meet Members of Congress
  - motivational speakers, educational workshops, and assemblies that increase individual commitment to citizen involvement and build lifetime skills for success
  - activities that encourage new and lasting friendships
  - an enthusiastic staff of young adults that work directly with them

Participants are immersed in the culture and history of Washington through onsite workshops at its most spectacular sights.

Destinations include, but are not limited to the Capitol, Mount Vernon, Arlington National Cemetery, Smithsonian museums, presidential and war monuments and memorials.

**Leadership Washington Focus** is a 4-H leadership program for youth entering grades 7 through 9. The program will take place at the National 4-H Youth Conference Center, just 1 mile from the Washington, D.C. border. Middle school 4-H delegates will:



- Build confidence in their ability to motivate and direct others in meaningful action
  - Practice effective communication with others through group discussion and public speaking
  - Work with others to create and accomplish goals
  - Develop an understanding of their own personal leadership style
  - Exchange ideas, practice respect, and form friendships with other 4-H'ers from across the nation.
  - Experience hands-on learning using the historical backdrop of Washington, D.C.
- Participants will have lodging at the National 4-H

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## 4 Paws Welcomes New Leader

4 Paws 4-H Dog Club wishes to express its thanks to Sara Anderson for her many years of dedication working as the leader/trainer with 4 Paws youth.

The club welcomes Annamarie Theuret as their new leader/trainer. Annamarie brings her many years of 4-H experience as a club member enrolled in 4 Paws from a young age. She is excited to partner with Kelly Figueroa and work with the club in her new role. Kelly and Annamarie invite anyone who would like to come by and say hello and see what is planned for 4 Paws in the 2014-2015 4-H year.

For information, or to join 4 Paws 4-H Dog Club, call Sandy Wallin, 775-887-2252.



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## Citizenship

*(Continued from page 1)*

Youth Conference Center for the duration of the program. All meals during the program are included; as well as all site visits and transportation (this does not include travel to or from the Center). They will also receive a souvenir pack including: LWF bag, LWF T-shirt and water bottle.

Led by a trained team of program assistants, delegates will learn by doing and leave LWF with the experiences, tools, and connections to be leaders in their communities today.

Participants will enjoy motivational speakers and educational workshops that increase individual leadership capability and build lifetime skills for success. There will be activities that encourage and form new lasting friendships with other 4-H youth and an enthusiastic staff of young adults that work directly with them.

Participants are immersed in the culture and history of our nation through on-site workshops at D.C.'s most spectacular sights.

Destinations include, but are not limited to the White House and Lafayette Park, Ford's Theatre, National Archives, Smithsonian museums, Presidential and war monuments and memorials.

**Both the CWF and LWF programs** offer participants many amenities. One of the week's signature events, called "Nightview," is a spectacular evening tour where delegates will reflect on the different types

of leadership conveyed through the



symbolism of our national monuments and memorials.

In between tours, youth can relax at the National 4-H Youth Conference Center, Washington, D.C.'s premier hotel designed especially for young people. The hotel is situated on a 12-acre campus, minutes from downtown D.C., featuring a hotel's Clover Café all-you-can eat buffet, 24-hour uniformed security, a fitness center, full-court basketball and volleyball court, recreation room with cyber café, pool tables and arcade, free parking, and more.

*\*Some aspects of the program are subject to change. For details and available dates, go to <http://www.4hcenter.org/youth-conference-center-overview/educational-programs/citizenship-washington-focus/>*

## Reno Rodeo Denim Drive

Over 1,500 Northern Nevada children, all of whom have survived abuse and neglect, need your help!

The 2014 Reno Rodeo Denim Drive runs November 10 through December 17, and the Reno Rodeo Foundation needs collection locations and sponsors to help collect new jeans, socks and underwear and accept Donate a Dollar for Denim donations.

What may just be a package of socks or undies to us is a treasured gift to a child in protective custody who may own nothing but the clothing on his/her back when he/she arrives at an emergency shelter.

Sponsorships are critical to help cover the cost of this outreach efforts as the Foundation is committed to designating 100% of donations to purchase additional new clothing. Please consider making your club or company a GOLD or BLUE sponsor.



To register a location as a pick up site, please visit [www.RenoRodeoFoundation.org](http://www.RenoRodeoFoundation.org) to download a PDF form, or contact the foundation at 775-322-9875.

## Time To Turn in Portfolios/ Record Books

Carson City/Storey County 4-H'ers are asked to turn in their 2013-2014 portfolios and/or record books by Friday, December 12, at 5 p.m. Youth are reminded to get the necessary signatures of parents and leaders prior to turning them in. Some portfolio or record book binders are available at the office at no fee. Please call the office if you need one.

Keeping records of your 4-H year is a valuable and basic part of 4-H. All 4-H members should be documenting their goals, progress and frustrations with their project area throughout the year.

Annual Achievement record forms assist with tracking information on community service, school projects, leadership and other activities outside of 4-H, as well as their 4-H project areas, throughout a youth's time in 4-H. This documentation is invaluable when older youth begin to apply for scholarships toward higher education.

For more information on record books and portfolios and permanent records call Sandy Wallin, 775-887-2252.

## Pet Treat Winners Named, Orders Ready

Announcing our Top Sellers for the 4-H Pet Treats Fund-raiser: Leonna Hinnant, Natalie Hearn and Cheyenne Williams. Each winner receives movie tickets for four to Ironwood Cinema in Gardnerville!

Pet Treat orders are ready for pick up. Please pick them up promptly on Wednesday, December 10, from 8:00 a.m. to 5:00 p.m. at the Douglas County 4-H office, 1325 Waterloo Lane in Gardnerville.



Funds raised go toward 4-H Youth Events including Award's Night, Fall Family Costume Ball, Community club Nights, Scholarships, and more.

Participation counts towards members' year-end 4-H awards. For more information, please call 775-782-9960.

## College Age Students / Program Assistants Needed in D.C.

Do you know a college student who has a passion for government, history, political science, education, public speaking, or leadership? The National 4-H Council is looking for individuals with a passion for working with young people. If this brings someone to mind please encourage them to apply for the position of Program Assistant (PA) at National 4-H Youth Conference Center.

Application deadlines for this amazing opportunity are quickly approaching for the 2015 spring or summer semester. 4-H PA's will be making a difference in the lives of thousands of middle and high school-aged students from all over the United States while working for Wonders of Washington (WOW), Citizenship Washington Focus (CWF) and Leadership Washington Focus (LWF) programs in Washington, D.C.

WOW Program Assistants will facilitate interactive curriculum through tours and workshops in Washington, D.C., teaching youth from across the country about government, history, and leadership. PA's learn more about the non-profit sector and youth services through professional development exercises and opportunities.

The WOW program begins in late-February and ends in mid-June.

For more information on the CWF and LWF programs, read the front page story in this month's Clover Clips, it has all the details on how to apply for PA positions.

Participants in all three programs have the opportunity to develop and refine teamwork, critical thinking, and problem solving skills in a fast paced and fun environment; all while becoming licensed D.C. tour guides.

If you know a college student looking for an internship or credit towards graduation, encourage them to go to the 4-H Center.org website for job descriptions. Please reference the job descriptions for more information and application materials. For questions, please contact Zach Hall, Educational Programs Specialist at [Zhall@4HCenter.org](mailto:Zhall@4HCenter.org).



## Kick Off Holiday Season

Carson City/Storey County 4-H'ers are making plans for two floats in the 2014 Virginia City Parade of Lights. As in previous years, all Carson City 4-H members are invited to ride with Comstock Hot Shots and share in a potluck dinner following the parade at the Virginia City Senior Center. Youth wanting to be on the float need to be at the Senior Center by 3 p.m. to help decorate.

Comstock Explorers, our Storey County 4-H Community Club, will have a float as well. All Explorers need to be at the Roasting House by 3 p.m. in order to decorate their float. There will be a Holiday party at the Roasting House following the parade.

All 4-H'ers and their families need to dress for cold weather and get ready for a fun time in this annual event. For information on the 4-H floats in the Virginia City Parade of Lights please call Sandy Wallin, 775-887-2252.

## Washoe 4-H Year-End Awards

Washoe County 4-H Year-End Awards are on Friday, December 5, 2014 at 6:30 p.m. The ceremony recognizes Washoe County 4-H members for achievements in record books, projects for the 2013-2014 year and special recognition of achievements. 4-H leaders will also be recognized for their years of volunteer service.

All 4-H families are invited to attend the festivities held at University of Nevada Cooperative Extension Washoe County Office, 4955 Energy Way in Reno (please use the door around the back of the building).

All participants are asked to wear their 4-H best since this is a recognition ceremony to celebrate achievements. 4-H families are asked to bring a "hearty finger food" to share, with enough to serve eight (please bring serving utensils). Please, only a few desserts. The Washoe County Leaders' Council will supply beverages, plates, napkins and utensils. All 4-H families are invited to attend.

For more information, please call Sam Mitchell at 775-336-0259 or email [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu).



## Washoe County 4-H Horse Program Year-end Awards

The year-end Washoe 4-H Horse Awards are on December 19, at 6:30 p.m. at Sage Hill Gun Club, 7370 Desert Way, Reno, NV 89521. 4-H families are asked to bring a "hearty finger food" to share, with enough to serve eight (please bring serving utensils). We are asking for only a few desserts (serving utensils here too please). Please wear your 4-H best.

Families are also asked to supply a raffle item for the famed awards raffle. The raffle item can be horse related but not required. All proceeds from the raffle help to pay for all of the awards. Invitations will be sent soon. For more information, contact Sam Mitchell at 775-336-0259 or [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu).

## Western Area December Dates to Remember

**Dec. 5**– Washoe County Year-end Awards

**Dec. 10**– Pet Treat Pickup at Douglas office (8 a.m. to 5p.m.)

**Dec. 12**– Carson City and Storey County Portfolios and Record Books due

**Dec. 25**– Christmas Day Holiday (Offices Closed)

**JOIN** | THE REVOLUTION   
OF RESPONSIBILITY

### WESTERN AREA OFFICES

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1325 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
4955 Energy Way  
Reno, NV 89502

## Your 4-H Mission Minute

One of the greatest benefits of 4-H Focus programs in Washington D.C. is the chance to interact and learn from role models. Program Assistants (PA's) are a group of college students, selected by the National 4-H council, who are friendly, energetic and natural leaders. Many are 4-H alumni.

As licensed Washington, DC tour guides and enthusiastic facilitators, PA's help delegates connect with the culture, history and symbolism of our nation's most significant sites.

The PA's help delegates develop their leadership skills and recognize personal responsibility in civic engagement. Through mentoring and setting a positive example, PA's help empower 4-H youth to make a positive impact in their communities, their country and their world.

*-Using information from [www.4hcenter.org](http://www.4hcenter.org)*

**4-H is a program of University of Nevada Cooperative Extension**

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Unless stated differently, all meetings are held at your local Cooperative Extension office.

## 4-H Events Calendar December 2014



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Teen Leadership, 2:30 p.m.	
3		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.	<div style="border: 1px solid black; padding: 5px;">                     Douglas County currently has too many Project specific meetings dates to publish. Please refer to your Project Leader and Calendars for meeting dates. All dates take place at the 4-H office unless otherwise noted.                 </div>	
5		Comstock Explorers, Roasting House, Virginia City, 5-7:30 p.m.		Year End 4-H Awards, 6:30 p.m.
6		Parade of Lights, float decorating: Comstock Explorers, V.C. Roasting House, 3 p.m. CC/SC members V.C. Sr. Ctr. Lucks at each site after parade.		<div style="border: 1px solid black; padding: 5px;"> <b>Please note:</b>                      Due to the number of club meetings in Washoe Co., we cannot list them all here.                 </div>
8		CC/SC 4-H Council, 6:30-8 p.m.	NO Teen Leadership	
10		Carson Cluckers, 6:30-8 p.m.		Horse Leaders Mtg, 6 p.m. (Moved from Dec. 9)
12		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
13			Cloverbud Sewing Day, 10 a.m.	
15		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	Teen Leadership, 2:30 p.m.	Small Animal Leaders' Mtg., 6 p.m.
16				Livestock Leaders' Mtg., 6 p.m.
19		Comstock Explorers, Roasting House, Virginia City, 5-7:30 p.m.		Year End 4-H Horse Awards, Sage Hill Gun Club, 6:30 p.m.
25	<b>CHRISTMAS DAY HOLIDAY - OFFICES CLOSED</b>			



Winter Solstice, December 21



New Year's Eve, December 31

New Year's Day, January 1, 2015

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>January 2015</b>				
1	<b>NEW YEAR'S DAY HOLIDAY - OFFICES CLOSED</b>			
5		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		<b>Please note:</b> Due to the number of club meetings in Washoe Co., we cannot list them all here.
7		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
8		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
10			Cloverbud Rabbit Day, 10 a.m.	
12			Community Club Night, 6:30 p.m.	Small Animal Leaders' Mtg., 6 p.m.
13				Horse Leaders Mtg, 6 p.m.
14		Carson Cluckers, 6:30-8 p.m.	Douglas County currently has too many Project specific meeting dates to publish. Please refer to your Project Leader and Calendars for meeting dates. All dates take place at the 4-H office unless	
15		2013-2014 Awards, Fuji Exhibit Hall, 6:30-8:00 p.m.		
16		Comstock Explorers, Roasting House, Virginia City, 5-7 p.m.		
17		Fabric/Rummage Drop Off, Fuji Exhibit Hall, 10 a.m.-4 p.m.		
19		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
19	<b>MARTIN LUTHER KING DAY HOLIDAY - OFFICES CLOSED</b>			
20				Livestock Leaders' Mtg., 6 p.m.
22		4 Paws business meeting, Fuji Exhibit Hall, 6:30-8 p.m.	Portfolio / Record Book Workshop, 5:30-6:30 p.m.	
23		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
24		Fabric/Rummage Drop Off, Fuji Exhibit Hall, 10 a.m.-4 p.m.		Horse Clinic, RLEC
26			Speaking with Confidence, 4:00 p.m. Leaders' Council, 7:00 p.m.	Leaders' Council Mtg., 6 p.m.
<b>February 2015</b>				
2		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
4		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
5		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
6		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, Virginia City, 5-7 p.m.		
9				Small Animal Leaders' Mtg., 6 p.m.
10				Horse Leaders Mtg, 6 p.m.
11		Carson Cluckers, 6:30-8 p.m.		
12		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
13		Fabric/Rummage Drop Off/ Set up, Fuji Exhibit Hall, 8 a.m.-5 p.m.		
14		Fabric/Rummage Sale Fund Raiser, Fuji Exhibit Hall, 9 a.m.-4 p.m.		
15		Fabric/Rummage Sale Fund Raiser, Fuji Exhibit Hall, 9 a.m.-1 p.m.		4-H Horse Tack Sale, RLEC
16	<b>PRESIDENTS DAY HOLIDAY - OFFICES CLOSED</b>			
16		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
17				Livestock Leaders' Mtg., 6 p.m.
19		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
20		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m. Comstock Explorers, Roasting House, Virginia City, 5-7 p.m.		
21				Horse Clinic, RLEC
28				Rabbit, Cavy and Poultry show, RLEC