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Understanding the Framework of 4-H Citizenship

4-H Citizenship Program – (Excerpted from National 4-H Citizenship Framework, 4-H National Headquarters, USDA/NIFA)

Connecting, learning, engaging, leading and impacting; these are all words that can describe what 4-H Citizenship is. We know that 4-H Citizenship is the knowledge, skills, attitudes and motivation that give youth the capacity to move beyond one's individual self-interest and to be committed to the well-being of some larger group. Through that definition a vision emerges which is:

- Youth will make a positive difference by engaging in learning opportunities that give them a heightened sense of responsibility and capacity to connect as active members of their communities, their nation and their world.

Key focus areas that the 4-H Community works in to realize that mission are:

- **Civic Engagement** is where 4-H members and leaders work through individual and collective actions designed to identify and address issues of public concern.
 - They use their voice to express opinions boldly, freely, frankly and respectfully
 - They may engage in advocacy to work toward a goal or defend a cause
 - They may engage in activism to help achieve their goal(s)
 - Most importantly to this model 4-H Members and Leaders engage in deliberative and informed decision making to commit to a specific course of action for Civic Engagement. This is done all the while attending to the guiding principal of ensuring that 4-H Members learn skills in “how to think” and not in “what to think”.
- **Service** refers to charitable activity which is done to benefit someone/something besides one's self.
 - Community Service is often what we in 4-H refer to as any activity whereby a 4-H Club, Member or Leader does volunteer service to benefit a community or its institutions such as food drives or clothing



drives or helping after a disaster.

- Service Learning combines community service with more formal educational programs/opportunities in order to deepen service experiences through self-reflection/evaluation.
- Community Youth Development is the ongoing growth process that 4-H utilizes to engage youth in developing their basic personal and social needs to be safe, to feel cared for, to feel valued, to feel of use as well as grounded while they build skills and competencies that allow them to function and contribute in their daily lives.
- **Civic Education** is the cultivation of the virtues, knowledge and skills necessary for civic and/or political participation.
 - Government principals, processes and structures describe how governments run and how the systems under that government work together. Examples that 4-H members can engage in are Capital Days or Citizenship Washington Focus as well as their government classes in school.
 - Personal roles and responsibilities refers to when we take responsibility for our actions as well as accepting the consequences that come from those actions and understanding that what we do impacts those around us.
 - History and cultural heritage allows us to learn about and analyze past events while understanding our heritage through the study of artistic, architectural, historical, archaeological, ethnographic, paleontological and geological importance of our world.
 - Global competency/understanding is the process that 4-H utilizes to teach 4-H members how to prepare to live, work and lead in a globally interdependent world.
- **Personal Development** refers to the practice in 4-H where 4-H Members and 4-H Leaders learn a set of skills such as:

Continued on page 2

(Continued from page 1)

- Leadership which translates to a visible role an individual or an organization assumes in order to lead or inspire others.
- Mutual respect and understanding is demonstrated when a 4-H Member or 4-H Leader feels or shows honor or esteem for themselves or for others and hold respect in the highest regard.
- Character development is the set of skills that 4-H members and Leaders learn to distinguish moral qualities, moral virtues and moral reasoning abilities.
- Critical thinking and problem solving is the active involvement of 4-H members and Leaders to approach a situation or problem from many different perspectives in order to create a solution.

Effective 4-H Youth Citizenship programs will allow young people to:

- **CONNECT** – Be active partners in a larger community as they recognize, appreciate and respect human diversity and commonality; understand their part in shaping change and work together towards the common good.
- **LEARN** – Learn from others, self and environment to develop informed perspectives, empathy, ethics, pro-social values, positive self-identity and sense of social responsibility.
- **ENGAGE** – in political education and awareness, social justice, advocacy, negotiation, public problem solving, community service, etc.
- **LEAD** – Develop leadership skills where youth use their voices, work, ideas or behavior for the greater good.
- **IMPACT** – Make a difference in community, country and world

Effective 4-H Youth Citizenship programs will include the following strategies for learning & positive youth development:

Learning

- Based on appropriate national and state learning standards
- Meet youth where they are
- Mentorship
- Experiential learning providing opportunities for practice, application and reflection including critical thinking and problem solving.
- Motivation--achievement, affiliation and power/influence (McClelland's Motivational Model)
- Learning styles
- Using appropriate technology

Positive Youth Development

- Youth/Adult Partnership approach—youth and adults work together in a positive and respectful environment, contributing their unique strengths to the project and their relationship.
- Youth are engaged in the identification, planning, implementation, leadership and evaluation of the program.
- Youth in Governance
- Includes the Essential Elements of Positive Youth Development – mastery, independence, belonging and generosity
- Parent/guardian component running in parallel
- Provide a continuum of developmentally appropriate experiences and opportunities.

For further information on 4-H Citizenship please visit www.4-h.org and search for Citizenship.

Creative License for Nevada Agriculture

The new “Buy Nevada” Agriculture license plate is available now. How do you show support for your local 4-H program? Why not use the license plate on your car? It’s a great chance to let others know that you support 4-H and the education of youth in Nevada agriculture.

Sales of the license plate benefit “Buy Nevada” the Nevada Department of Agriculture the state food and agriculture business promotion as well as agriculture education throughout the state.

To find out more about this beneficial program visit BuyNevada.org. To get your agriculture license plate, visit your local DMV today!

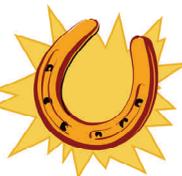


Time to Strike It Rich, Again

The Silver Show, the second in the three-show Strike It Rich Summer Series 4-H Horse Shows, is August 24, at Lemmon Valley Horsemen’s Arena, 11400 Deodar Drive in Lemmon Valley.

The show is hosted by Silver Knolls Spurs 4-H Club. It will have classes offered for seniors, intermediates and juniors; and also classes for the novice/beginner rider. There will be exhibition rides in all categories for ‘cloverbuds’ (ages of 5-8 years). 4-H members in neighboring California counties are also invited to compete.

The points earned at this show are added to the points earned at July’s Copper Show and the Gold Show (Rockin’ LJ Ranch) on September 13. Twelve High Point Buckles will be awarded at the end of the series with points tabulated from all three shows for each discipline and for each age group plus novice rider competitors. Competing in at least two of the three shows is required to win a buckle. So if you missed the Copper show, don’t miss the Silver.



The Silver Show will have arena prizes for exhibitors, a fifty-fifty jackpot raffle and raffle tickets for sale for a beautiful western silver-plated bridle and reins. The drawing for the silver bridle will be at the conclusion of the Gold Show.

Nevada State 4-H Horse Show Rules will apply. Exhibitors are required to follow the Nevada/California 4-H Dress Code. Helmets are required for all youth horse handlers and exhibitors.

Class lists and entry forms are available now on the Washoe County 4-H Calendar (<http://www.unce.unr.edu/4H/counties/washoe/>) and www.facebook.com/washoecounty4h.

For more information, contact Sam Mitchell at 775-336-0259 or email mitchells@unce.unr.edu.

Here Kitty, Kitty!

Learn more about the exciting world of cats, their behavior, breeds, raising and training. Sign-up for the new Carson City 4-H Cat Club August 21, 6:30 p.m. – 8:00 p.m. at the UNCE Carson conference room, 2621 Northgate Lane, Suite 12. Youth who own or are interested in raising and caring for a cat are invited to attend.



Please, no cats at this first meeting, as it is just for sign-up and planning for our newest club which will begin in October for the next 4-H year. Call Sandy at 775-887-2252 for more information.

Storey Shooting Sports Qualifier

Saturday, August 9, is the Storey County 4-H Shooting Sports Qualifier. The event takes place at the Ice House Range, 8 a.m. – 5 p.m. Storey County 4-H Shooting Sports members need to bring water, sunscreen, a chair and hat. 4-H'ers who want to shoot in the State 4-H Shooting Sports Match, September 13 in Douglas County, need to sign up with leader Rich Knight to shoot at the Qualifier.

All 4-H Shooting Sports members are eligible to compete in the discipline they have received student skills safety training. For more information call Sandy 775-887-2252.

Douglas Co. Portfolio Workshop

Have you been wanting more information on how to fill out your Portfolio for 4-H? Then join us on Monday, August 25, 5:30-6:30 p.m. at the Douglas County 4-H Office, 1325 Waterloo Lane in Gardnerville. Members must be accompanied by their parents.

Portfolio/Recordbooks are due each year end, in order to receive year end member awards and to be eligible for Leader's Council scholarships. At this workshop parents and members will learn the basics of filling out their portfolio.

Contact 775-782-9960 for more information. RSVP is not required.

Silver State Youth Livestock Show

The Silver State Youth Livestock Show & Expo, part of the Lyon County Fair, will be at the Lyon County Fairgrounds (100 Hwy 95A East in Yerington).

The Livestock Show, August 16-17, will have 4-H, FFA and independent competitors from all over Nevada. Many 4-H youth from the 4-H Western Area will be competing in a variety of livestock events. So go have fun and support your fellow 4-H members.

The show starts at 8:00 a.m. Saturday and Sunday, August 16-17 and culminates with the Silver State Livestock Sale at 3:00 p.m. Sunday. You can find a program for the fair at <http://www.lyon-county.org>.

Animal Therapy Community Service

Jennefer Myers, Program Director of a new Alzheimer's facility opening up in northwest Reno, is interested in working with the local 4-H groups to bring in animals for patient visits. They are looking for everything from the very small to the very large and anything in between. There is a large area big enough for horses, calves, sheep, goats, llamas, chickens, etc.



Many of the residents were ranchers and really miss working and being with the animals. Others just simply love them and want to be near them. Jennefer is initially considering visits of half an hour to an hour at a time with the residents. You can talk about the animal and let the residents interact with them.

If this sounds like a project for you or your club, please contact Jennefer Myers at 775-746-2200 or stonevalley-pgd@jeaseniorliving.com.

State Shooting Sports Match

The 2014 Nevada State 4-H Shooting Sports Match, hosted by Douglas County 4-H Shooting Sports and Douglas County 4-H, is on Saturday, September 13, at the Douglas County Fairgrounds and Shooting Range. Both are located at the south end of Gardnerville, two miles off Highway 395.

Douglas County Fairgrounds serves as headquarters for contest check-in and tabulation of scoring from the ranges. Early Check-In is 6:00-8:00 p.m. Friday, September 12. Check-In continues Saturday morning, September 13, from 6:00-7:00 a.m. followed by the Opening Ceremony and the competitions in the six disciplines— Archery, Air pistol, Air Rifle, .22 Rifle, Shotgun and Muzzleloader— at the Douglas County Range north of the fairgrounds.

Breakfast and lunch are available to purchase Saturday at the range. Following the competition, there will be a barbeque/picnic for contestants and their families at the fairgrounds. Cost is \$5 per participant and for youth age 10 and under, \$15 per non-participant and those age 11 and older. The Awards Ceremony takes place at 7:00 p.m. following the barbeque/picnic (dependent on completion of scoring and tabulation).

An entry packet PDF file with entry form, all other necessary forms, driving directions, lodging and camping information, contest schedule and helpful hints, can be found at <http://www.unce.unr.edu/4H/calendar/files/pdf/2014SSMatchForms.pdf>. This link is also available on the Washoe County 4-H Calendar and the facebook page at www.facebook.com/Washoecounty4H/.

Friday, August 15 at 5 p.m. is the deadline to submit contest entry forms and fees to the Nevada State 4-H Office, and to have the barbeque/picnic form & fees turned in to Carson Valley Shepherds.

For questions and information not contained in the entry packet, please contact Sandy Wallin, Nevada State 4-H Shooting Sports Coordinator, at 775-887-5252.



Western Area August Dates to Remember

July 30—Aug.3 – NV150 Sesquicentennial Fair in Carson City

Aug. 14-17 – Lyon County Fair, Rodeo and Silver State Livestock Show & Expo

Aug. 24 – Strike It Rich 4-H Summer Horse Show Series - Silver Show

JOIN | THE REVOLUTION 
OF RESPONSIBILITY

WESTERN AREA OFFICES

**Carson City/
Storey County**
(775) 887-2252
2621 Northgate Lane
Suite 15
Carson City, NV 89701

Douglas County
(775) 782-9960
1325 Waterloo
Gardnerville, NV 89410
PO Box 338
Minden, NV 89423-0338

Washoe County
(775) 784-4848
4955 Energy Way
Reno, NV 89502

Your 4-H Mission Minute

A lot is said about citizenship and community involvement, but here are a few examples of how 4-H'ers put it into action.

Nine-year-old Avere, a 4-H'er from Morgan County, Missouri sews colorful pillowcases to give to children staying in the local hospital for cancer treatment. She used all the money from selling her blue ribbon hen and ham at the 4-H County fair auction to buy fabric to start the project in 2011. So far she has sewn over 350 pillow cases.

Julien, an 11 year-old 4-H member formed a plan and coordinated efforts to restore native species trees to a fire-damaged San Bruno, California neighborhood through the 4-H Million Trees Project.

4-H'ers in Saginaw, Michigan found a way to turn their school's used cooking oil into bio-diesel fuel for school buses and farm equipment.

How will you join the Revolution of Responsibility?

-Information from www.4-h.org/about/revolution/stories-of-responsibility/citizenship/

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