Nearly 200 visitors gathered at the State 4-H Camp at Lake Tahoe Sept. 12 and celebrated the recent donations by two charitable foundations.

The Marshall R. Matley Foundation provided funding for portable decking that allows disabled campers to access the beach area. The H.N. & Frances C. Berger Foundation provided funding for a permanent outdoor eating structure.

During the open house, lunch was served by Nevada Farm Bureaus under the new pavilion. Later, guests strolled down to the beach to admire the portable decking that stretches across the beach and out to the 4-H camp’s dock.

“We are enormously grateful to the Marshall R. Matley and H.N. & Frances C. Berger foundations for their support of the 4-H camp,” Cooperative Extension Dean and Director Karen Hinton told the gathering. “The camp experience makes a difference in the lives of so many youth throughout the state and we are pleased to have this extraordinary support.”

The open house also gave many 4-H and UNCE supporters an opportunity to buy a brick for an expanded outdoor seating area at the camp. Proceeds from the buy-a-brick campaign go toward environmental and fitness education programs at the 32-acre 4-H Camp near Stateline on the South Shore of Lake Tahoe. The diverse forest and meadow ecosystem at the camp provides an ideal setting for studying the environment.

Ingrid Tanner, top left, of the H.N. & Frances C. Berger Foundation, Barbara Byington and Cooperative Extension Dean and Director Karen Hinton stand next to the new outdoor dining pavilion at the State 4-H Camp. Below, a new beach decking panel commemorates the Marshall R. Matley Foundation donation.
Awards and honors

UNCE faculty and staff continue to distinguish themselves among their colleagues. Here’s a round-up of their recent honors:

Area Youth Development Specialist

Marilyn Smith and Extension Educators

Rod Davis and Amy Meier received the National 4-H Program of Distinction Award for the Bootstraps program last year. The team also recently won a National Merit Award of Excellence.

Rod Davis received the U.S. Department of Agriculture’s “National Hard Rock Mineral Community Outreach and Economic Security Award” for Project FIND (Future of Interior Minerals).

Amy Meier’s program, Tompah Farmers Market, received recognition from Farmland Trust’s “America’s Favorite Farmers Market” contest.

UNCE Extension Psychologist

Anne Lindsay received a first place National Security Award” for Project FIND (Future of Interior Minerals), an educational program created to teach children about health and the importance of movement in the diet. The videos encourage dance steps designed to incorporate movements that are important to a child’s physical development.

Linda Van Pelt and Ellen Knight were 2010 Nevada 4-H Hall of Fame Inductees.

The Family Storyteller program won the national Partnership Award for Mission Integration from the National Institute of Food and Agriculture.

Sally Martin, Dan Weigele and Jake Lack developed a program, working closely with a number of partners, including the Agricultural Experimental Station and KNPR.

Sally Martin, top, accepts the NIFA Partnership Award, while Loree Singletary, bottom left, and Stassi Enmm took home a gold medal from ANREP for their “People of the Land” curriculum.

Bootstraps gamfers

donations, ARRA grant

A University of Nevada Cooperative Extension program that teaches kids physical activity and improving habitat for the endangered sage grouse will continue for another three years thanks to various donations received recently.

The Bootstraps program, which started in Las Vegas in 2009 and has since expanded to northern Nye and Mineral counties, received its biggest infusion from the federal Recreation and Reinvestment Act, which awarded the program a $492,000 grant.

Bootstraps also gets financial support from various government agencies and private groups, including the Bureau of Land Management, the USDA’s Children, Youth and Families program, the Nevada Department of Wildlife, the Nevada Outdoor Education Grant, the Nevada Mule Deer Foundation and the Nevada Department of Wildlife.

Rod Davis, center, works with some Bootstraps teachers while Bye says DYF helps youth “see what you can do” with their lives.

Music DVD convinces kids to exercise

The music videos produced for Cooperative Extension’s All 4 Kids: Healthy, Happy, Active, Fit program, whose curriculum has been sold to Cooperative Extension programs in 30 states, is now available on UNCE’s YouTube channel (http://www.youtube.com/user/ UNCE4Kids).

All 4 Kids tackles the problem of children’s obesity by combining dance, games, book excerpts and teach children about health and the importance of movement in the diet. The videos encourage dance steps designed to incorporate movements that are important to a child’s physical development.

According to program researchers, children used to learn these movements while playing outside, but many children don’t get enough opportunity to do that.

For the All 4 Kids: Nevada, its concentration in various state reservoirs, and the fish eating mercury.

The key, according to UNCE nutritionist Lombardi Recreational Facility and learn more about scholarships. The Bootstraps program, which started in Las Vegas in 2009 and has since expanded to northern Nye and Mineral counties, received its biggest infusion from the federal Recreation and Reinvestment Act, which awarded the program a $492,000 grant.

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Rod Davis received the U.S. Department of Agriculture’s “Community Outreach and Economic Security Award” for Project FIND (Future Independent Needs Development). The project helps students who are neither in school nor working.

Amy Meier’s program, Tonopah Farmers Market, received recognition from Farmlard Trust’s “America’s Favorite Farmers Market” contest.

Donaldson won two national writing awards from the Association of Natural Resource Extension Professionals (ANREP) for her work on water quality and weeds in Nevada Home magazine.

Staci Emm and Loretha Singletary received a gold medal from ANREP for their “People of the Land” curriculum.

Sally Martin, top, accepts the NFIP Partnership Award, while Loretha Singletary, bottom left, and Staci Emm took home a gold medal from ANREP for their “People of the Land” curriculum.

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The music videos produced for Cooperative Extension’s All 4 Kids: Healthy, Happy, Active, Fit program, whose curriculum has been sold to Cooperative Extension’s students, in 30 states, is now available on UNCE’s YouTube channel (http://www.youtube.com/user/UNCErural). The four videos encourage dance steps designed to incorporate movements that are important to a child’s physical development.

All 4 Kids tackles the problem of children’s obesity by combining dance, games, book reading and song. The videos encourage active movement in the classroom and after school to teach children about health and the importance of exercise in their diets. The videos also encourage children to eat fruits and vegetables and to sing an original song written for them.

Byington, an early care and education specialist, the three have brought their diverse skills together to design a curriculum that is rapidly spreading across the country.

“All 4 Kids is a great example of how science, nutrition and physical activity can be combined to reach the country’s children,” Byington said. “The program is simple, easy to implement, and flexible enough to be adapted to different environments.”

UNCE study offers advice on eating fish

“Eating Fish, Making Healthy Choices” (http://www.unr.edu/nevadasilverandblue/4Kids/bs/fish.html#tn/09/feb07/) will also help expand All 4 Kids to other states.

 rod Davis, center, works with some of his Bootstraps workers.

To read more about All 4 Kids, go to http://www.unr.edu/nevadasilverandblue/4Kids/bs/fish.html#tn/09/feb07/.

4-H’ers experience UNR during summer program

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The year-end tax benefits of charitable giving

As you review your year-end tax planning, we hope you will consider making good use of the tax benefits charitable giving affords you.

Your 2010 year-end gift to UNCE may significantly reduce your income taxes, while providing meaningful support to UNCE and its programs, such as those described in this newsletter.

Such a gift has the added advantage of removing an asset from your estate that could be subject to estate tax on death. With changes in federal tax laws anticipated for 2011, giving this year may never save you estate tax on death. With changes in your estate that could be subject to the federal estate tax on death. With changes in your estate that could be subject to estate tax on death.

Gifts of cash may be used to offset federal income tax on up to half of your adjusted gross income. Gifts of appreciated property can be used to offset income tax on up to 30 percent of your adjusted gross income. Additionally, no tax is owed on any capital gain that would otherwise be due on the sale of the appreciated property.

When you make a planned gift to UNCE, you integrate your financial goals with your personal goals to help shape the future. A gift is “planned” to the extent that you purposefully incorporate a charitable gift into your overall financial, tax and estate planning.

If you appreciate how Cooperative Extension enriches your life, follow the lead of others who have established scholarships or given to the UNCE program of their choice. Your gift will make a difference.

Creating better futures for generations to come is your legacy. If you have any questions or are considering other gift options, please don’t hesitate to call Lisa Riley, J.D., Director of Planned Giving, at 77-784-1352 or liriley@unce.unr.edu.

Donate online:
You can make donations to UNCE by visiting www.unce.unr.edu and going to the “Make a Gift to UNCE” button, which takes you to a page that explains the advantages and various simple ways of contributing. You can safely use a credit card, or you can send the online Friends of Cooperative Extension application with a check to University of Nevada Cooperative Extension, Mail Stop 404, Reno, NV 89557.

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Donations fund 4-H Camp improvements

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For more information on helping support the 4-H camp and other Cooperative Extension programs, contact Karen Hinton at 775-784-7070 or Development Director Lynda Buhlig at 775-682-6013 or lbuhlig@unce.unr.edu.

For more information on purchasing a $50 personalized brick, go to http://www.unce.unr.edu/calendar/files/pdf/4Hbrick.pdf or contact JoAnn Elston at 775-329-8336 or email elstonj@sbcglobal.net. Orders will be accepted through 12/31/10.

Solutions
UNCE’s successful Bootstraps program aided by its supporters. Page 3

Obesity answer
All 4 Kids CD/DVDs are a hit on the Internet. Page 3