



University of Nevada  
Cooperative Extension

November 2016

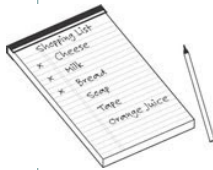
# Community Connection

## TURKEY TIPS

*Helpful tips for holiday survival*

1. The first step in holiday survival is to decide that you are willing to give up perfection. Instead of trying to make your gathering look like the cover of a magazine, put the focus on friends and family instead.

2. Really Plan



•**Plan the menu.** Write down all of the ingredients and make two lists of the items you will need to purchase. One list should be nonperishable items that you can purchase several days to a couple of weeks ahead of time, and the other should be the perishable items you must purchase within two or three days of the event. Consider using some good quality convenience foods that will save you time.

•**When planning the menu,** take into consideration the equipment that is available for cooking. For example, if you are roasting a turkey, don't plan for several other items that must be prepared in the oven unless you can make them ahead of time and then reheat just before the meal. Look at how you might make use of your range, microwave, toaster oven, crock pot, etc.

•**Check linens or paper goods.** Make sure you have adequate serving dishes and utensils. Consider using heavy paper goods or disposable plastic dishware in place of china. If using silver, check it ahead of time and clean if necessary. Read [more!](#)

## BRINGING PLANTS IN

Over the next couple of months, even people who do not have much in the line of a "green thumb" will start buying or receiving plants. Brightly colored mums in foil-wrapped pots can be the perfect host gift, and those of us who prefer not to use cut flowers will often try something different, like a potted orchid, for a dining table centerpiece. Even plants with dramatic or different kinds of leaves become presents. From about the end of September, right on through the New Year, people give and get more houseplants than they do during the other nine months.



These plants generally fall into one of three categories. Some of them will last no longer than a bouquet of cut flowers would. Others, however, can be maintained indoors, relying for the most part on window light. Some others can actually be planted outside in the garden, and will survive for at least a few years as long as they receive a small amount of care. Read [more!](#)



### ON BACK

Gardening workshop  
Pumpkin recipe ideas

### COOPERATIVE EXTENSION

**Who we are:** We are the outreach college of the University of Nevada, Reno. We design and deliver community programs to residents of Nevada with other agencies and volunteers.

**What we do:** We learn about the needs of our community and develop programs to meet them. We teach classes, hold workshops, sponsor seminars related to those needs and provide online information.

**What we offer:** Education, training and instruction in: Health & Nutrition; Children, Youth & Families; and Water, Horticulture, Economics & Environment.



**Cooperative Extension  
Southern Area office locations  
and phone numbers:**

**Clark 702-222-3130**

8050 Paradise Road  
Las Vegas, 89123

**Northeast Clark 702-397-2604**

1897 N. Moapa Valley Blvd.  
P.O. Box 126,

Logandale, 89021

**Southern Clark 702-299-1333**

55 Civic Way  
Laughlin, 89029

**Southern Nye 775-7274-5532**

1651 E. Calvada Blvd  
Pahrump, 89048

**Northern Nye/Esmeralda  
775-482-6794**

P.O. Box 231  
#1 Frankie St., Old Courthouse

Topopah, 89049

**Lincoln 775-726-3109**

P.O. Box 728  
360 Lincoln St.

Caliente, 89008

**Eureka 775-237-5326**

P.O. Box 613  
701 S. Main St.  
Eureka, 89316

**White Pine 775-293-6599**

950 Campton St.  
Ely, 89301

**Cooperative Extension's mission:**

*Discover:* by assessing community needs; understanding emerging issues; *Develop:* science-based programs to help resolve the needs of community residents; *Disseminate:* through evidence-based educational programs; classes and publications; *Preserve:* by publishing findings via curriculum and fact sheets and demonstrate knowledge to strengthen the social, economic and environmental well-being of people.

## GROWING FRUIT AT HOME WORKSHOP



*Pear tree located at the  
Outdoor Education Center*

Join Cooperative Extension on Saturday, Nov. 19, for a one-day workshop on *Gardening in Small Places: growing fruit at home*. The class runs from 8 a.m. to noon.

Can you grow fruit trees and berries in the desert? You bet! Figs, nectarines, peaches, apricots, pears, apples, strawberries, cantaloupe, grapes and blackberries are just a few of the fruits you can grow at home. The fruit varieties may be different than what you're used to but the results can still be spectacular. Homeowners and other interested parties are welcome to attend. Read [more!](#)

## PREPARE BEDS FOR BARE ROOT ROSES

Cooperative Extension and the South Valley Rose Society are collaborating and offering educational meetings throughout the fall. On Thursday, Nov. 17 learn how to prepare your beds for bare root roses. This is a free workshop and open to the public.



This workshop explains how to prepare beds for the right rose in the right place, replace old plants with new varieties, plus all the important rose care suspension dates. It's also time to review those 2017 spring catalogues, prepare your orders and request delivery not later than mid-January 2017. Read [more!](#)

## INCORPORATE PUMPKINS INTO FALL RECIPES

### *What do you do with the left-over pumpkins that aren't carved into a jack-a-lantern?*

Pumpkins are a healthy and delicious addition to many recipes. Pumpkins are usually associated with jack-a-lanterns and Halloween, but what do you do with the left-over signature squash that isn't carved with eyes, a nose and mouth?



Pumpkins make a great addition to a fall menu; soup, bread, pie and pudding are just a few of the many ways this vegetable can be used to enhance favorite recipes. Pumpkins are not only delicious but also loaded with vitamin A and beta carotene which promotes healthy eyes, skin and protects against infection. Read [more!](#)

[Las Vegas ICO](#), Inspiring Connections Outdoors annual fundraiser will be held on Friday, Nov. 18 from 6-8 p.m.  
Visit the [Facebook](#) page for more information.