University of Nevada Cooperative Extension ....

Clark County (north)  1897 N Moapa Vlly Blvd  Logandale 89201  Phone: 702-397-2604
Clark County (south)  8050 Paradise Road  Suite 100  Las Vegas 89123  Phone: 702-222-3130

Carson City & Storey County  2621 Northgate Ln, #15  Carson City 89706  Phone: 775-887-2252

Churchill County  111 Sheckler Rd  Fallon 89406  Phone: 775-423-5121

Douglas County  1329 Waterloo Ln  Gardnerville 89410  Phone: 775-782-9960

Elko County  701 Walnut Street  Elko 89801  Phone: 775-738-7291

Eureka County  701 S Main Street  Eureka 89316  Phone: 775-237-5326

Humboldt County  1085 Fairgrounds Rd  Winnemucca 89445  Phone: 775-623-6304
Lander County  815 N Second Street  Battle Mountain 89820  Phone: 775-635-5565
Lincoln County  360 Lincoln Street  Caliente 89008  Phone: 775-726-3109
Lyons County  504 S Main Street  Yerington 89447  Phone: 775-463-6541
Mineral County  314 Fifth Street  Hawthorne 89415  Phone: 775-945-3444
Nye County (south)  1651 E Calvada Blvd  Pahrump 89048  Phone: 775-727-5532

Washoe County  Incline Village  855 Alder Ave, #106  Incline Village 89451  Phone: 775-832-4150
Washoe County  Reno  4955 Energy Way  Reno 89502  Phone: 775-784-4848
Washoe County  Pyramid Lake  Paiute Tribe  301 Gerlach Hwy, Rm 103  Reno 89557  Phone: 775-784-6206 (voice)  775-327-5125 (fax)

Pershing County  810 Sixth Street  Lovelock 89419  Phone: 775-273-2923
White Pine County  996 Campton  Ely 89301  Phone: 775-289-4459
State 4-H Office  UNCE, UNR, MS 405  1305 Evans Avenue  Reno 89557

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What is 4-H?
4-H is an exciting youth development program that is based on the concept of learn by doing (which is the 4-H Slogan) in order to develop youth to their greatest potential, in other words to make the best better (which is the 4-H Motto).

4-H and the 4-H Cloverbud Program are designed for youth to make new friends, have positive interaction with peers and adults, build positive relationships within his/her family, learn life skills, enhance self-esteem, and achieve personal goals.

What is the meaning of 4-H?
The clover is green and white; white is for purity and green is for the most common color of nature. Each H (Head, Heart, Hands, Health) is for a part of the human body that comes together to make a complete and valued person, as per the words of the 4-H Pledge.

I Pledge:
My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service,
My Health to better living,
For my club,
my community,
my country, and
my world.

What is the Cloverbud Program?
Youths who are 5 to 8 as of January 1 of the current 4-H Year (Oct 1 to Sept 30) may join the 4-H Cloverbud Program, which has age appropriate activities and also allows for and encourages creativity and play; therefore it is:

- fun and educational
- positive and beneficial
- success oriented
- non-competitive
- group-centered learning
- activity based
- leader directed

The 4-H Cloverbud Program provides an excellent opportunity for youth to achieve his/her highest potential because early life experiences affect future development.

Where can I sign up?
4-H Clubs/4-H Cloverbuds are located in every county, so joining is easy. Contact the University of Nevada Cooperative Extension Office located in your county using information located on the other side of this brochure.

What are the goals/purpose of 4-H Cloverbud Program?
The primary goal of the 4-H Cloverbud Program is to promote the child’s healthy development – mentally, physically, socially, and emotionally.

- Self-Understanding Skills (self-esteem development)
- Decision-Making Skills (what is the better choice)
- Learning/Comprehension Skills (learning how to learn)
- Mastering Physical Skills (building stronger bodies)
- Social-Interaction Skills (getting along with others)
- Diversity/Differences Skills (acceptance of others)

Children possessing these life skills are less likely to have problems with drug use, school failure, delinquency, and depression as they move into their teenage years and then into adulthood.