4-H has many Program Categories such as Clubs (community, project, activity, etc), Afterschool, Military, and Cloverbud. Age specific and age appropriate programming is conducted within each of the 4-H Program Categories.

The age of a 4-H Member is determined by how old they are on January 1 of the 4-H Club Year (October 1 to September 30). For clarification purposes, three examples are detailed below.

A child turns 14 years old in November. This means the youth was 13 years old when the 4-H Club Year started on October 1, but is also means the youth is 14 years old on January 1 of the 4-H Year (Oct 1 to Sept 30). Therefore, this child is considered as 14 and is a Senior Member throughout the 4-H Club Year.

A child turns 14 years old in February. This means the youth was 13 years old when the 4-H Club Year started on October 1, but is also means the youth is 13 years old on January 1 of the 4-H Year (Oct 1 to Sept 30). Therefore, this child is considered as 13 and is an Intermediate Member throughout the 4-H Club Year.

A child turns 11 years old in March. This means the youth was 10 years old when the 4-H Club Year started on October 1, but is also means the youth is 10 years old on January 1 of the 4-H Year (Oct 1 to Sept 30). Therefore, this child is considered as 10 and is a Junior Member throughout the 4-H Club Year.

Based on the determination process and examples outlined above, the Age Categories for 4-H are defined as listed below.

- **Cloverbud 4-H Member**: 5 to 8 Years Old
- **Junior 4-H Member**: 9 to 10 Years Old
- **Intermediate 4-H Member**: 11 to 13 Years Old
- **Senior 4-H Member**: 14 to 19 Years Old

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